

# Manchester Area Cross Country League at Sherdley Park, St Helens on Saturday 8th November 2014

## Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	494	Ashley Nemits	Warrington AC	9:25	19	34	Amy Battle	Stockport H&ac	10:28
2	218	Ruby Bell	Sale H Manchester	9:27	20	1	Evelyn Barber	Manchester H&ac	10:28
3	138	Maya Croasdaile	Salford H&ac	9:34	21	620	Gina Nuttall	Wirral AC	10:28
4	622	Leah Wilkinson	Sale H Manchester	9:35	22	378	Annabel Scholl	Warrington Tri Club	10:36
5	190	Christie Allen	E Cheshire H & Tameside AC	9:36	23	585	Rebecca Seymour	Stockport H&ac	10:37
6	137	Amelia Bratt	Salford H&ac	9:42	24	2	Emma Davies	Manchester H&ac	10:39
7	141	Nicola Mason	Salford H&ac	9:46	25	548	Sadie Mannion	Trafford AC	10:51
8	493	Maya Evans	Warrington AC	9:50	26	553	Cerys Kelter	Salford H&ac	10:58
9	616	Tamzin Dentith	Liverpool H & AC	9:54	27	607	Hollie Brussels	St Helens Sutton AC	11:05
10	35	Ester Hulley	Stockport H&ac	10:01	28	613	Jenny Grant	Liverpool H & AC	11:18
11	612	Isabelle Burke	Sale H Manchester	10:03	29	600	Anna Smith	Liverpool H & AC	11:24
12	122	Grace Kelly	Ribble Valley AC	10:06	30	625	Grace Hall	Sale H Manchester	11:25
13	227	Libby Hill	Sale H Manchester	10:12	31	623	Minnie EdwardsKiely	Sale H Manchester	11:27
14	478	Erne Noakes	Macclesfield H&ac	10:15	32	587	Delphine Connolly	Manchester H&ac	11:31
15	629	Nieve Barton	Sale H Manchester	10:18	33	231	Clementine Newbould	Sale H Manchester	11:35
16	598	Isobel Leadbetter	Liverpool H & AC	10:20	34	234	Ciara Raftery	Sale H Manchester	11:46
17	599	Sofia Rowley	Liverpool H & AC	10:22	35	353	Elizabeth Greenall	St Helens Sutton AC	12:18
18	609	Jasmine Jones	Warrington AC	10:26	36	601	Poppy Smith	Liverpool H & AC	13:06

## Under 11 Girls — TEAM RESULTS

1	Salford H&ac	3	Maya Croasdaile	6	Amelia Bratt	7	Nicola Mason
2	Sale H Manchester	17	2 Ruby Bell	4	Leah Wilkinson	11	Isabelle Burke
3	Warrington AC	27	1 Ashley Nemits	8	Maya Evans	18	Jasmine Jones
4	Liverpool H & AC	42	9 Tamzin Dentith	16	Isobel Leadbetter	17	Sofia Rowley
5	Stockport H&ac	52	10 Ester Hulley	19	Amy Battle	23	Rebecca Seymour
6	Sale H Manchester	58	13 Libby Hill	15	Nieve Barton	30	Grace Hall
7	Manchester H&ac	76	20 Evelyn Barber	24	Emma Davies	32	Delphine Connolly
8	Liverpool H & AC	93	28 Jenny Grant	29	Anna Smith	36	Poppy Smith
9	Sale H Manchester	98	31 Minnie EdwardsKiely	33	Clementine Newbould	34	Ciara Raftery

## Race 2 - Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	146	Sam Hopkins	Salford H&ac	8:48	17	603	Liam Bibby	Halton & Frodsham	9:58
2	385	Joseph Fountain	Wirral AC	9:04	18	480	Harvey Brown	Macclesfield H&ac	10:00
3	561	Louie McCormack	Trafford AC	9:06	19	356	Ben Toole	St Helens Sutton AC	10:08
4	621	Tom Boyd	Sale H Manchester	9:06	20	355	Matthew Roberts	St Helens Sutton AC	10:09
5	560	Oliver Choi	Trafford AC	9:07	21	354	Dylan O'Brien	St Helens Sutton AC	10:12
6	485	Thomas Roberts	Macclesfield H&ac	9:18	22	562	Max Rarity	Trafford AC	10:14
7	481	James Doorbar	Macclesfield H&ac	9:20	23	615	Rory Smyth	Manchester H&ac	10:14
8	569	James Lanni	Vale Royal AC	9:26	24	113	Oliver Murphy	Abc Runners	10:22
9	552	Cameron Murdoch	Bramhall Runners	9:26	25	627	Patrick Marsden	Salford Metropolitan AC	10:25
10	592	Ethan Butler	West Cheshire AC	9:34	26	565	Wilf Dight	Vale Royal AC	10:38
11	145	Joe Coggins	Salford H&ac	9:37	27	568	Ivan Karpusheff	Vale Royal AC	10:45
12	628	Joseph Herbert	Sale H Manchester	9:38	28	626	James Parvin	Salford Metropolitan AC	11:05
13	239	Zachary Gaillemin	Sale H Manchester	9:45	29	191	Ryan O'Neill	E Cheshire H & Tameside AC	11:18
14	118	Joe Byrne	Bramhall Runners	9:47	30	632	Oliver Lloyd	St Helens Sutton AC	11:25
15	483	Eddie Mills	Macclesfield H&ac	9:55	31	606	Matthew Dodd	St Helens Sutton AC	11:40
16	123	Jasper Wormacksmith	Ribble Valley AC	9:56	32	586	Lorcan Cronin	Manchester H&ac	12:07

## Race 2 - Under 11 Boys — TEAM RESULTS

1	Macclesfield H&ac	28	6 Thomas Roberts	7	James Doorbar	15	Eddie Mills
2	Sale H Manchester	29	4 Tom Boyd	12	Joseph Herbert	13	Zachary Gaillemin
3	Trafford AC	30	3 Louie McCormack	5	Oliver Choi	22	Max Rarity
4	St Helens Sutton AC	60	19 Ben Toole	20	Matthew Roberts	21	Dylan O'Brien
5	Vale Royal AC	61	8 James Lanni	26	Wilf Dight	27	Ivan Karpusheff

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Saturday 8th November 2014

### Race 2 - Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time				
1	435	Ella McNiven		Liverpool H & AC	8:31	29	253 Mia Gibbons	Sale H Manchester	9:58
2	7	Grace Decampos		Manchester H&ac	8:53	30	403 Ella Head	Wirral AC	10:04
3	209	Sian Heslop		Macclesfield H&ac	8:54	31	446 Ellie Young	Liverpool H & AC	10:04
4	45	Chloe Rogers		Stockport H&ac	9:01	32	194 Abby O'Neill	E Cheshire H & Tameside AC	10:10
5	443	Alex Townsend		Liverpool H & AC	9:02	33	162 Abby Watling	Halton & Frodsham	10:11
6	519	Ty BrockleyLangford		E Cheshire H & Tameside AC	9:05	34	271 Lucie Wolfenden	Sale H Manchester	10:27
7	9	Georgia Fazakerley		Manchester H&ac	9:09	35	357 Alyx Bridge	St Helens Sutton AC	10:30
8	211	Stephanie Moss		Macclesfield H&ac	9:12	36	10 Alice Jones	Manchester H&ac	10:32
9	611	Holly Jackson		E Cheshire H & Tameside AC	9:17	37	358 Ellie Doyle	St Helens Sutton AC	10:36
10	42	Mollie Cooke		Stockport H&ac	9:19	38	360 Ashley Sprott	St Helens Sutton AC	10:37
11	193	Megan Lewis		E Cheshire H & Tameside AC	9:20	39	605 Blythe Carter	St Helens Sutton AC	10:44
12	192	Alyssia Davey		E Cheshire H & Tameside AC	9:24	40	161 Isla Bellamy	Halton & Frodsham	10:46
13	529	Morganne Alford		Stockport H&ac	9:29	41	359 Lucy Price	St Helens Sutton AC	10:48
14	524	Freya Handley		E Cheshire H & Tameside AC	9:29	42	387 Lucy Hignet	Wirral AC	10:52
15	247	Tiarae Barton		Sale H Manchester	9:32	43	168 Katherine McMinn	Trafford AC	11:01
16	263	Lauren Smith		Sale H Manchester	9:38	44	596 Holly Leadbetter	Liverpool H & AC	11:06
17	212	Lauren Robinson		Macclesfield H&ac	9:38	45	120 Katie Haynes	Bramhall Runners	11:06
18	624	Emily Hall		Sale H Manchester	9:39	46	445 Natasha Wood	Liverpool H & AC	11:13
19	390	Cathrine Spencer		Wirral AC	9:39	47	597 Esme Smith	Liverpool H & AC	11:21
20	381	Jessica Scholl		Warrington Tri Club	9:39	48	380 Maddie Howard	Warrington Tri Club	11:27
21	433	Beth Doubtfire		Liverpool H & AC	9:40	49	619 Holly McGee	Liverpool H & AC	11:27
22	148	Evie Collier		Salford H&ac	9:40	50	549 Imogen Harwood-Moss	St Helens Sutton AC	11:29
23	593	Eve Duret		West Cheshire AC	9:42	51	617 Marianne Blandamer	Sale H Manchester	11:29
24	150	C Haywoodpercival		Salford H&ac	9:42	52	441 Milli Smith	Liverpool H & AC	11:29
25	47	Evie Wild		Stockport H&ac	9:49	53	389 Elizabeth Nuttall	Wirral AC	11:32
26	124	Melita Griffin		Ribble Valley AC	9:51	54	614 Jessica Murphy	Liverpool H & AC	11:54
27	261	Amelia Newbould		Sale H Manchester	9:57	55	618 Heather Klimczak	Liverpool H & AC	12:39
28	167	Marnie Mannion		Trafford AC	9:58				

### Race 2 - Under 13 Girls — TEAM RESULTS

1	E Cheshire H & Tameside AC	26 — 6 Ty BrockleyLangford	9 Holly Jackson	11 Megan Lewis
2	Stockport H&ac	27 — 4 Chloe Rogers	10 MollieCooke	13 Morganne Alford
3	Liverpool H & AC	27 — 1 EllaMcNiven	5 Alex Townsend	21 Beth Doubtfire
4	Macclesfield H&ac	28 — 3 Sian Heslop	8 Stephanie Moss	17 Lauren Robinson
5	Manchester H&ac	45 — 2 Grace Decampos	7 Georgia Fazakerley	36 Alice Jones
6	Sale H Manchester	49 — 15 Tiarae Barton	16 Lauren Smith	18 EmilyHall
7	E Cheshire H & Tameside AC 'B'	58 — 12 Alyssia Davey	14 Freya Handley	32 Abby O'Neill
8	Sale H Manchester 'B'	90 — 27 Amelia Newbould	29 Mia Gibbons	34 Lucie Wolfenden
9	Wirral AC	91 — 19 Cathrine Spencer	30 EllaHead	42 Lucy Hignet
10	St Helens Sutton AC	110 — 35 Alyx Bridge	37 EllieDoyle	38 Ashley Sprott
11	Liverpool H & AC 'B'	121 — 31 Ellie Young	44 Holly Leadbetter	46 Natasha Wood
12	St Helens Sutton AC 'B'	130 — 39 Blythe Carter	41 Lucy Price	50 Imogen Harwood-Moss
13	Liverpool H & AC 'C'	148 — 47 EsmeSmith	49 HollyMcGee	52 MilliSmith

### Race 3 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	631	Jordan Jones	Warrington AC	11:59	22	447 Sam Flaherty	Liverpool H & AC	13:25	
2	396	Jacob Quarmby	Wirral AC	12:05	23	610 Edward Smiles	Vale Royal AC	13:27	
3	216	Lucas Parker	Macclesfield H&ac	12:12	24	526 Will Culmer	Stockport H&ac	13:28	
4	399	Casey Woodworth	Wirral AC	12:13	25	195 Jake Smith	E Cheshire H & Tameside AC	13:44	
5	60	Flynn Walsh	Stockport H&ac	12:20	26	280 Bailey Hulse	Sale H Manchester	13:44	
6	48	Ben Batho	Stockport H&ac	12:22	27	153 Oliver Cook	Salford H&ac	13:47	
7	286	Joel Stringer	Sale H Manchester	12:29	28	54 Thomas Gill	Stockport H&ac	13:48	
8	50	Fabio Carosi	Stockport H&ac	12:36	29	170 Alex Bailey	Trafford AC	13:52	
9	217	Finley Proffitt	Macclesfield H&ac	12:38	30	361 Michael Brussels	St Helens Sutton AC	13:58	
10	394	Tom Clark	Wirral AC	12:42	31	53 Drew Evans	Stockport H&ac	14:00	
11	489	Zenon Caine	Sale H Manchester	12:48	32	364 Matthew Slevin	St Helens Sutton AC	14:08	
12	51	Edward Corden	Stockport H&ac	12:51	33	602 Adam Critten	Manchester H&ac	14:10	
13	185	Sion Roberts	West Cheshire AC	12:51	34	362 Liam Houghton	St Helens Sutton AC	14:12	
14	154	Lewis Royle	Salford H&ac	12:53	35	52 Dominic Crossland	Stockport H&ac	14:14	
15	171	Seb Patrick	Trafford AC	13:00	36	365 Nathan Worrall	St Helens Sutton AC	14:50	
16	126	Harry Wood	Ribble Valley AC	13:00	37	533 Joe Bentall	Trafford AC	15:02	
17	49	Dylan Bourke	Stockport H&ac	13:04	38	274 Jacob Corrie	Sale H Manchester	15:04	
18	275	John Gilbert	Sale H Manchester	13:06	39	100 Ethan Sephton	Vale Royal AC	15:08	
19	215	Peter Goodfellow	Macclesfield H&ac	13:09	40	57 Joseph Philbin	Stockport H&ac	15:20	
20	55	Fares Ibrahim	Stockport H&ac	13:13	41	114 Joseph Dennett	Abc Runners	15:57	
21	156	Jacob Yates	Salford H&ac	13:23	42	608 James Carbery	St Helens Sutton AC	16:58	

### Race 3 - Under 13 Boys — TEAM RESULTS

1	Wirral AC	16 — 2 Jacob Quarmby	4 Casey Woodworth	10 TomClark
2	Stockport H&ac	19 — 5 Flynn Walsh	6 Ben Batho	8 Fabio Carosi
3	Macclesfield H&ac	31 — 3 Lucas Parker	9 Finley Proffitt	19 Peter Goodfellow
4	Sale H Manchester	36 — 7 Joel Stringer	11 Zenon Caine	18 John Gilbert
5	Stockport H&ac 'B'	49 — 12 Edward Corden	17 Dylan Bourke	20 Fares Ibrahim
6	Salford H&ac	62 — 14 Lewis Royle	21 Jacob Yates	27 Oliver Cook
7	Trafford AC	81 — 15 Seb Patrick	29 Alex Bailey	37 Joe Bentall
8	Stockport H&ac 'C'	83 — 24 Will Culmer	28 Thomas Gill	31 Drew Evans
9	St Helens Sutton AC	96 — 30 Michael Brussels	32 Matthew Slevin	34 Liam Houghton

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Saturday 8th November 2014

### Race 3 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	298	Olivia Green	Sale H Manchester	12:16
2	69	Hannah Richardson	Stockport H&ac	12:32
3	450	Jessica Cook	Liverpool H & AC	12:40
4	455	Millie Raine	Liverpool H & AC	13:02
5	22	Eleanor Kenny	Manchester H&ac	13:03
6	21	Emily Hughes	Manchester H&ac	13:04
7	406	Krystina Martindale	Wirral AC	13:08
8	62	Georgia Bourke	Stockport H&ac	13:22
9	513	Emily Lowry	Macclesfield H&ac	13:30
10	301	Alexa McTiffin	Sale H Manchester	13:35
11	196	Olivia Davey	E Cheshire H & Tameside AC	13:39
12	66	Heather Corden	Stockport H&ac	13:43
13	299	Georgia Haworth	Sale H Manchester	13:49
14	520	Molly Healey	E Cheshire H & Tameside AC	14:09
15	310	Jemma Vickers	Sale H Manchester	14:13
16	20	Chloe Davies	Manchester H&ac	14:15
17	453	Emily Lucas	Liverpool H & AC	14:18
18	67	Natasha Harrison	Stockport H&ac	14:28
19	308	Chloe Taylor	Sale H Manchester	14:29
20	405	Lucy Lafauve	Wirral AC	14:40
21	174	Danielle McMinn	Trafford AC	14:43
22	159	Holly Peltier	Salford H&ac	14:54
23	368	Samantha Price	St Helens Sutton AC	14:55
24	158	Lucy McMullen	Salford H&ac	14:58
25	449	Mia Alsamarraie	Liverpool H & AC	15:00
26	116	Megan Barnsley	Abc Runners	15:12
27	290	Isabel Brett	Sale H Manchester	15:16
28	370	Piper Unsworth	St Helens Sutton AC	15:16
29	550	Emily Lowrie	St Helens Sutton AC	15:26
30	173	Anna Baker	Trafford AC	15:34
31	594	Johanna Steiner	Liverpool H & AC	15:38
32	630	Emily Barker	Salford Metropolitan Ac	15:42
33	306	Anna Stewartbrown	Sale H Manchester	15:46
34	595	Daisy Smith	Liverpool H & AC	15:52
35	19	Katie Cooper	Manchester H&ac	16:00
36	367	Kanyarat Avison	St Helens Sutton AC	16:02
37	131	Charlotte Wood	Ribble Valley AC	16:37
38	366	Emily Ashton	St Helens Sutton AC	16:42
39	500	Sophie Harrison	Salford H&ac	16:45
40	383	Kathryn Schofield	Warrington Tri Club	16:56
41	369	Natalie Tait	St Helens Sutton AC	17:25

### Race 3 - Under 15 Girls — TEAM RESULTS

1	Stockport H&ac	22	—	2	Hannah Richardson	8	Georgia Bourke	12	Heather Corden	
2	Sale H Manchester	24	—	1	Olivia Green	10	Alexa McTiffin	13	Georgia Haworth	
3	Liverpool H & AC	24	—	3	Jessica Cook	4	Millie Raine	17	Emily Lucas	
4	Manchester H&ac	27	—	5	Eleanor Kenny	6	Emily Hughes	16	Chloe Davies	
5	Sale H Manchester	'B'	61	—	15	Jemma Vickers	19	Chloe Taylor	27	Isabel Brett
6	St Helens Sutton AC	'B'	80	—	23	Samantha Price	28	Piper Unsworth	29	Emily Lowrie
7	Salford H&ac	'B'	85	—	22	Holly Peltier	24	Lucy McMullen	39	Sophie Harrison
8	Liverpool H & AC	'B'	90	—	25	Mia Alsamarraie	31	Johanna Steiner	34	Daisy Smith
9	St Helens Sutton AC	'B'	115	—	36	Kanyarat Avison	38	Emily Ashton	41	Natalie Tait

### Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	460	Joseph Ford	Liverpool H & AC	15:41
2	187	Evan Roberts	West Cheshire AC	16:14
3	538	Jack Stubbings	Warrington AC	16:28
4	530	Louie Haynes	E Cheshire H & Tameside AC	16:35
5	175	Colin Daly	Trafford AC	16:39
6	164	Chris Larkin	Halton & Frodsham	16:45
7	536	Luke Gamble	Warrington AC	16:52
8	459	Max Brame	Liverpool H & AC	17:06
9	26	Matty Fox	Manchester H&ac	17:14
10	28	Ben Skertchly	Manchester H&ac	17:16
11	76	Josh Seymour	Stockport H&ac	17:45
12	197	Nathan Barlow	E Cheshire H & Tameside AC	17:46
13	416	Tom Rogers	Wirral AC	17:50
14	463	Daniel Preston	Liverpool H & AC	17:59
15	317	Luke Chesters	Sale H Manchester	18:00
16	25	Connor Fazakerley	Manchester H&ac	18:01
17	412	Jonathon Head	Wirral AC	18:01
18	27	Ethan Hartley	Manchester H&ac	18:06
19	461	Andrew Grant	Liverpool H & AC	18:18
20	199	John Trotman	E Cheshire H & Tameside AC	18:35
21	74	James Coulson	Stockport H&ac	18:36
22	372	Anthony Walker	St Helens Sutton AC	18:40
23	419	Sam Tempest	Wirral AC	18:44
24	499	Matthew Connors	Stockport H&ac	18:52
25	604	Ben Oldham	St Helens Sutton AC	18:58
26	198	Paolo Guarnieri	E Cheshire H & Tameside AC	19:22
27	503	Paddy Cusac	Salford H&ac	19:25
28	543	James Hallworth	Stockport H&ac	19:59
29	411	Ebrahim Hanifehpour	Wirral AC	20:19
30	188	Rory Willson	West Cheshire AC	20:22
31	373	Jack Worrall	St Helens Sutton AC	20:45

### Race 4 - Under 15 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Liverpool H & AC	23	—	1	Joseph Ford	8	Max Brame	14	Daniel Preston
2	Manchester H&ac	35	—	9	Matty Fox	10	Ben Skertchly	16	Connor Fazakerley
3	E Cheshire H & Tameside AC	36	—	4	Louie Haynes	12	Nathan Barlow	20	John Trotman
4	Wirral AC	53	—	13	Tom Rogers	17	Jonathon Head	23	Sam Tempest
5	Stockport H&ac	56	—	11	Josh Seymour	21	James Coulson	24	Matthew Connors
6	St Helens Sutton AC	78	—	22	Anthony Walker	25	Ben Oldham	31	Jack Worrall

# Manchester Area Cross Country League at Sherdley Park, St Helens on Saturday 8th November 2014

## Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	83	Katy Whiteoak	Stockport H&ac	17:37
2	425	Sophie Tarver	Wirral AC	17:41
3	79	Juliet Downs	Stockport H&ac	18:00
4	2024	\$Rosie Johnson	Liverpool Pembroke & Sefton H	18:17
5	82	Ruth Sinclair	Stockport H&ac	18:38
6	467	Hannah Delaney	Liverpool H & AC	18:54
7	182	Beth Donnelly	Trafford AC	19:01
8	330	Catherine Podmore	Sale H Manchester	19:20
9	200	A Brockleylangford	E Cheshire H & Tameside AC	19:28
10	81	Chloe Lockett	Stockport H&ac	19:29
11	134	Eleanor Bolton	Ribble Valley AC	19:38
12	326	Eve Gibson	Sale H Manchester	19:55
13	424	Aileen Kearney	Wirral AC	19:57
14	109	Chloe Broad	Vale Royal AC	20:05
15	324	Alice Bruce	Sale H Manchester	20:11
16	202	Alannah Newell	E Cheshire H & Tameside AC	20:25
17	333	Franki Reid	Sale H Manchester	20:34
18	2025	\$Charlotte Mawdsley	Liverpool Pembroke & Sefton H	20:49
19	473	Emily Rowe	Liverpool H & AC	21:04
20	487	Louisa Whittingham	Macclesfield H&ac	21:15
21	135	Georgina Smith	Ribble Valley AC	21:20
22	337	Tilly Yates	Sale H Manchester	21:49
23	327	Madeleine Hole	Sale H Manchester	21:52
24	78	Emma Chrystielowe	Stockport H&ac	22:25
25	335	Amber Towns	Sale H Manchester	22:43
26	551	Olivia Harwood-Moss	St Helens Sutton AC	23:47
27	466	Melanie Cattell	Liverpool H & AC	23:53

## Race 4 - Under 17 Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Stockport H&ac	8 — 1 Katy Whiteoak	3 Juliet Downs	4 Ruth Sinclair
2 Sale H Manchester	32 — 7 Catherine Podmore	11 Eve Gibson	14 Alice Bruce
3 Liverpool H & AC	47 — 5 Hannah Delaney	17 Emily Rowe	25 Melanie Cattell
4 Sale H Manchester 'B'	57 — 16 Franki Reid	20 Tilly Yates	21 Madeleine Hole

## Race 4 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	342	Euan Gilchrist	Sale H Manchester	15:22
2	111	Jacob Brown	Vale Royal AC	15:30
3	346	Adam Roden	Sale H Manchester	15:34
4	348	Jake Spilsbury	Sale H Manchester	15:56
5	527	Tom Rogerson	Liverpool H & AC	16:15
6	89	Patrick Magner	Stockport H&ac	16:17
7	339	Charlie Brett	Sale H Manchester	16:24
8	542	Owen Lee	Warrington AC	16:30
9	205	Luke Piper	E Cheshire H & Tameside AC	16:30
10	633	Ben Walton	Macclesfield H&ac	16:32
11	474	Tom Clarke	Liverpool H & AC	16:47
12	528	Thomas Drabble	Stockport H&ac	16:49
13	84	Grant Anderson	Stockport H&ac	17:01
14	2022	\$Jack Crook	Liverpool Pembroke & Sefton H	17:08
15	350	Bradley Thornton	Sale H Manchester	17:10
16	85	George Cooke	Stockport H&ac	17:22
17	634	Josh LaManna	Trafford AC	17:32
18	349	Dylan Stanway	Sale H Manchester	17:34
19	92	Jay Wood	Stockport H&ac	18:10
20	376	Jonathan Causer	St Helens Sutton AC	18:11
21	90	Michael Quin	Stockport H&ac	18:21
22	428	Duncan Macdonald	Wirral AC	18:41
23	160	Sam Nicholson	Altrincham & Dist AC	19:09
24	540	Dillon Cooper	E Cheshire H & Tameside AC	19:19
25	547	Alex McFarlane	Stockport H&ac	19:57

## Race 4 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	8 — 1 Euan Gilchrist	3 Adam Roden	4 Jake Spilsbury
2 Stockport H&ac	31 — 6 Patrick Magner	12 Thomas Drabble	13 Grant Anderson
3 Sale H Manchester 'B'	38 — 7 Charlie Brett	14 Bradley Thornton	17 Dylan Stanway
4 Stockport H&ac 'B'	53 — 15 George Cooke	18 Jay Wood	20 Michael Quin

## Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	380	Hannah Brown	U20	1 University Of Manchester CCC	31:50
2	23	Elizabeth Apsley	U20	2 Stockport H&ac	32:28
3	30	Ellen Downs	U20	3 Stockport H&ac	32:39
4	392	Emily Kearney	U20	4 Wirral AC	33:40
5	457	Molly Savill	U20	5 University Of Manchester CCC	34:48
6	509	Holly Tidd	U20	6 Warrington AC	35:37
7	359	Rachel McGoldrick	U20	7 St Helens Sutton AC	35:39
8	513	Rachael Hibberd	U20	8 Sale H Manchester	36:19
9	358	Maria McGoldrick	U20	9 St Helens Sutton AC	37:21
10	65	Emma Pyatt	U20	10 Vale Royal AC	38:05
11	300	Hayley Simpson	U20	11 E Cheshire H&tameside AC	38:51
12	32	Alice Hughes	U20	12 Stockport H&ac	41:05

## Senior Women aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Stockport H&ac	17 — 2 Elizabeth Apsley	3 Ellen Downs	12 Alice Hughes
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# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 8th November 2014

### Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time					
1	510	Elle Vernon		Stockport H&ac	28:44	39	334	Deirdre McCarthy	Sale H Manchester	38:40
2	319	Sarah Barker		Sale H Manchester	32:03	40	402	Leona Beaumont	Chorlton Runners	38:45
3	355	Gemma Connolly		St Helens Sutton AC	32:33	41	129	Emma Hill	Bramhall Runners	38:50
4	214	Rachel Hall		Manchester Triathlon	32:54	42	344	Jennifer Simmons	Sale H Manchester	39:00
5	2019	Catherine Howard		Knowsley Harriers	33:05	43	499	Lorraine Pang	Chorlton Runners	39:23
6	272	Hannah Griffiths		Trafford AC	33:11	44	185	Siobhan Lillie	Dragons Rc (sale)	39:58
7	332	Victoria Hayes		Sale H Manchester	33:17	45	7	Sophie Flanagan	Manchester H&ac	40:09
8	322	Luisa Candioli		Sale H Manchester	33:20	46	504	Sadia Haq	Chorlton Runners	40:11
9	266	Vicki Cronin		Trafford AC	33:30	47	376	Helen Ryan	Swinton RC	40:24
10	318	Hayley Ashby		Sale H Manchester	33:35	48	311	Nina Moss	Macclesfield H&ac	40:29
11	349	Kathy Wellam		Sale H Manchester	34:20	49	371	Rebecca Mills	Swinton RC	40:33
12	465	Emma Finney		Sale H Manchester	34:23	50	418	Alison Wainwright	Chorlton Runners	41:06
13	163	Anabeth Orton		Salford H&ac	34:31	51	469	Amy Barter	Stockport H&ac	41:26
14	511	Laura Bestow		Vale Royal AC	34:45	52	138	Claire Stott	Bramhall Runners	41:34
15	474	Naomi Alleyne		University Of Manchester CCC	34:56	53	2029	ShuLing Li	Unattached	41:40
16	2021	Jane Thomas		Cheltenham Harriers	34:58	54	218	Helen Jaques	Manchester Triathlon	42:14
17	290	Bethany Hirst		E Cheshire H&tameside AC	35:06	55	117	Leah Evans	Belle Vue Racers	42:25
18	478	Lora Blann		Altrincham & District	35:09	56	171	Sarah Hooks	Winston Runners	42:49
19	20	Emma Tolond		Manchester H&ac	35:10	57	477	April Wilkinson	Swinton RC	43:04
20	143	Kirsty Johnson		Glossopdale Harriers	35:28	58	346	Alice Smedley	Sale H Manchester	43:04
21	433	Marie Leahy		Abc Runners	35:32	59	111	Sarah Hodgkinson	Abc Runners	43:45
22	473	Holly Teague		E Cheshire H&tameside AC	36:17	60	22	Wendy Woodhead	Manchester H&ac	45:04
23	313	Paula Nimmo		Macclesfield H&ac	36:57	61	407	Helen Hall	Chorlton Runners	45:59
24	416	Ingrid Storm		Chorlton Runners	36:58	62	12	Kirsty Lyons	Manchester H&ac	46:17
25	518	Imogen Nutter		Stockport H&ac	37:05	63	211	Alexa Goodjacomb	Manchester Triathlon	46:35
26	352	Jennifer Yates		Sale H Manchester	37:09	64	503	Sophie Cunningham	Chorlton Runners	47:09
27	507	Katy Newton		Chorlton Runners	37:18	65	458	Elizabeth Malone	Warrington Tri Club	47:54
28	268	Camella Davis		Trafford AC	37:28	66	514	Laura Heaney	Chorlton Runners	48:50
29	149	Hannah Brierley		Manchester Ymca H	37:41	67	410	Gemma Lovegrove	Chorlton Runners	50:25
30	264	Ruth Beresford		Trafford AC	37:51	68	241	Laura Cunningham	Middleton H AC	53:05
31	297	Pamela Read		E Cheshire H&tameside AC	37:58	69	224	Jennifer Lutton	Manchester Triathlon	53:18
32	100	Carolyn Lewtas		Salford Met AC	37:59	70	515	Megan Johnson	Swinton RC	54:41
33	173	Laura Bostock		Altrincham & District	38:00	71	412	Helen Rees	Chorlton Runners	56:08
34	40	Cheryl Rock		Stockport H&ac	38:07	72	285	Lucy Davidson	E Cheshire H&tameside AC	59:26
35	158	Marieanne Bigotsazy		Salford H&ac	38:10	73	192	Nina Barthel	Manchester Frontrunners	1:01:30
36	472	Sally Teague		E Cheshire H&tameside AC	38:21	74	150	Jennifer Delaney	Manchester Ymca H	1:08:20
37	314	Daisy Pickles		Macclesfield H&ac	38:29	75	498	Catherine Cutts	Chorlton Runners	1:10:17
38	101	Olivia McDermott		Salford Met AC	38:37					

### Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time					
1	91	Diane McVey	L35	1 Wilmslow RC	31:15	18	366	Julie Hamilton	L35 18 Swinton RC	40:27
2	167	Tessa Walker	L35	2 Salford H&ac	31:34	19	168	Hayley Winder	L35 19 Salford H&ac	41:03
3	315	Kristy Gill	L35	3 Macclesfield H&ac	33:42	20	333	Catherine Jones	L35 20 Sale H Manchester	41:13
4	317	Helen Armitage	L35	4 Sale H Manchester	34:38	21	351	Natalie Woodford	L35 21 Sale H Manchester	41:14
5	140	Zoe Barton	L35	5 Glossopdale Harriers	34:51	22	475	Viv Samuelson	L35 22 Swinton RC	41:49
6	277	Julie Price	L35	6 Trafford AC	34:57	23	459	Denise Irving	L35 23 Winston Runners	42:02
7	440	Claire Murphy	L35	7 St Helens Striders	35:42	24	239	Elaine Bladesjordan	L35 24 Middleton H AC	42:08
8	204	Rebecca Brand	L35	8 Manchester Triathlon	36:02	25	374	Lisa Ottwiler	L35 25 Swinton RC	43:13
9	423	Vicky Wright	L35	9 Hyde Village Striders	36:55	26	92	Sarah Miles	L35 26 Wilmslow RC	44:16
10	265	Claire Chaffer	L35	10 Trafford AC	37:30	27	373	Helen Nation	L35 27 Swinton RC	45:44
11	467	Angelique Bueler	L35	11 Chorlton Runners	37:38	28	436	Beata Knychala	L35 28 Winston Runners	47:50
12	133	Nicola Lloyd	L35	12 Bramhall Runners	38:32	29	255	Anne Lowe	L35 29 Middleton H AC	50:13
13	203	Sophie Barnett	L35	13 Manchester Triathlon	38:52	30	195	Mel Johnson	L35 30 Manchester Frontrunners	54:24
14	405	Charlotte Durand	L35	14 Chorlton Runners	39:11	31	113	Ruth Amin	L35 31 Belle Vue Racers	54:27
15	154	Emma Rettig	L35	15 Manchester Ymca H	39:52	32	508	Lauren Berger	L35 32 Chorlton Runners	56:10
16	517	Jane Graney	L35	16 Swinton RC	40:19	33	417	Jennifer Turner	L35 33 Chorlton Runners	59:24
17	326	Jenny Clink	L35	17 Sale H Manchester	40:21	34	408	Jayne Langlands	L35 34 Chorlton Runners	1:11:18

### Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	165	Beverley Simons	L40	1 Salford H&ac	32:08	19	148	Emma Bedford	L40 19 Manchester Ymca H	40:43
2	393	Sarah Kearney	L40	2 Wirral AC	34:12	20	215	Sonia Harris	L40 20 Manchester Triathlon	40:45
3	80	Katy Green	L40	3 Wilmslow RC	34:19	21	338	Carla Ousey	L40 21 Sale H Manchester	40:49
4	232	Jude Wall	L40	4 Manchester Triathlon	35:58	22	199	Ruth Travis	L40 22 Manchester Frontrunners	41:14
5	45	Samantha Thomas	L40	5 Stockport H&ac	36:54	23	162	Ruth Ollerenshaw	L40 23 Salford H&ac	41:32
6	184	Madeleine Hill	L40	6 Dragons Rc (sale)	36:57	24	291	Melanie Kay	L40 24 E Cheshire H&tameside AC	42:45
7	516	Linda Hiscock	L40	7 Stockport H&ac	37:20	25	421	Debbie Smith	L40 25 Hyde Village Striders	43:29
8	368	Lauren Marsden	L40	8 Swinton RC	37:35	26	298	Nicola Richards	L40 26 E Cheshire H&tameside AC	44:03
9	74	Diane Bygrave	L40	9 Wilmslow RC	37:44	27	227	Ana Quintana	L40 27 Manchester Triathlon	44:04
10	356	Julia Eccleston	L40	10 St Helens Sutton AC	38:17	28	375	Sharen Roberts	L40 28 Swinton RC	44:34
11	387	Katie Benson	L40	11 Warrington Tri Club	38:26	29	219	Sarka Jeremic	L40 29 Manchester Triathlon	45:19
12	496	Louise Hogg	L40	12 St Helens Sutton AC	38:41	30	2023	Carol Ockwell	L40 30 Unattached	45:57
13	276	Rachel McDonnell	L40	13 Trafford AC	38:48	31	363	Lynne Davies	L40 31 Swinton RC	46:42
14	238	Emma Ball	L40	14 Middleton H AC	39:12	32	123	Catherine McKenna	L40 32 Belle Vue Racers	47:32
15	183	Joanne Healy	L40	15 Dragons Rc (sale)	39:22	33	169	Fiona Ashworth	L40 33 Winston Runners	48:29
16	321	Sarah Bowman	L40	16 Sale H Manchester	39:32	34	378	Mel Whittington	L40 34 Swinton RC	50:39
17	244	Michelle Fuller	L40	17 Middleton H AC	40:03	35	110	Adele Fisher	L40 35 Abc Runners	51:59
18	201	Cathy Atkinson	L40	18 Manchester Triathlon	40:23					

### Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	269	Alison Drasdo	L45	1 Trafford AC	35:03	16	180 Jane Nicholson	L45	16 Altrincham & District	42:48
2	249	Michelle Hussain	L45	2 Middleton H AC	35:05	17	191 Miranda Taylor	L45	17 Knutsford Tri Club	42:49
3	274	Joanne Lott	L45	3 Trafford AC	35:34	18	256 Catherine Murphy	L45	18 Middleton H AC	43:11
4	77	Janine Ellis	L45	4 Wilmslow RC	35:38	19	142 Vicki Hamilton	L45	19 Glossopdale Harriers	43:20
5	68	Helen Smith	L45	5 Vale Royal AC	35:53	20	437 Dot Muldoon	L45	20 Winston Runners	44:08
6	35	Jayne Lawton	L45	6 Stockport H&ac	36:44	21	288 Andrea Edwards	L45	21 E Cheshire H&tameside AC	45:05
7	226	Gail O'Hare	L45	7 Manchester Triathlon	37:00	22	99 Janet Wyles	L45	22 Wilmslow RC	45:15
8	449	Liz Smith	L45	8 Macclesfield H&ac	38:13	23	4 Debbie Beresford	L45	23 Manchester H&ac	45:25
9	293	Emma McQueen	L45	9 E Cheshire H&tameside AC	38:24	24	360 Clare Batten	L45	24 Swinton RC	46:06
10	208	Claire Deane	L45	10 Manchester Triathlon	38:56	25	389 Charlie Scholl	L45	25 Warrington Tri Club	46:39
11	495	Sonya Monaghan	L45	11 St Helens Sutton AC	39:03	26	361 Mandy Beard	L45	26 Swinton RC	47:00
12	29	Gillian Doolan	L45	12 Stockport H&ac	39:07	27	484 Susan Mee	L45	27 Winston Runners	48:52
13	432	Myka Heard	L45	13 Abc Runners	39:28	28	136 Jo Podolanski	L45	28 Bramhall Runners	52:15
14	151	Steph Goodchild	L45	14 Manchester Ymca H	40:40	29	126 Fiona Seymour	L45	29 Belle Vue Racers	52:18
15	144	Lindsay Palmer	L45	15 Glossopdale Harriers	41:28	30	493 Lynda Clifford	L45	30 Winston Runners	53:26

### Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	79	Sally Gilliver	L50	1 Wilmslow RC	36:02	9	56 Joanne Edwards	L50	9 Vale Royal AC	40:48
2	42	Lesley Sinclair	L50	2 Stockport H&ac	36:06	10	316 Hanny Stockman	L50	10 Macclesfield H&ac	42:09
3	299	Janine Ridgard	L50	3 E Cheshire H&tameside AC	36:56	11	13 Ann McLaughlin	L50	11 Manchester H&ac	42:38
4	273	Catherine Hurst	L50	4 Trafford AC	38:47	12	87 Julie Lucas	L50	12 Wilmslow RC	46:13
5	98	Kate Sutton	L50	5 Wilmslow RC	38:50	13	172 Carron Lane	L50	13 Winston Runners	52:19
6	342	Lynda Rowlinson	L50	6 Sale H Manchester	38:58	14	155 Olivia Scates	L50	14 Manchester Ymca H	54:21
7	310	Jo Miles	L50	7 Macclesfield H&ac	39:34	15	512 Kate MacDonald	L50	15 Chorlton Runners	54:47
8	198	Linda Rix	L50	8 Manchester Frontrunners	40:20	16	250 Sandra Hutchinson	L50	16 Middleton H AC	1:00:28

### Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	93	Nicky Mowat	L55	1 Wilmslow RC	38:49	43:46				
2	353	Lynne Yates	L55	2 Sale H Manchester	40:14	5	178 Maggie Jones	L55	5 Altrincham & District	48:40
3	49	Hilary West	L55	3 Stockport H&ac	42:38	6	494 Ros Dyde	L55	6 Winston Runners	52:25
4	301	Gillian Wolstenholme	L55	4 E Cheshire H&tameside AC		7	403 Val Brennan	L55	7 Chorlton Runners	53:46

### Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	177	Annamarie Jones	L60	1 Altrincham & District	38:04
2	294	Angela Oldham	L60	2 E Cheshire H&tameside AC	38:57
3	270	Sue Exon	L60	3 Trafford AC	41:45
4	247	Teresa Hollins	L60	4 Middleton H AC	45:10
5	354	Pam Appleton	L60	5 St Helens Sutton AC	45:13
6	72	Carole Williams	L60	6 Vale Royal AC	47:12
7	246	Ruth Hare	L60	7 Middleton H AC	49:13

### Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	28	Alexis Dinsmor	L65	1 Stockport H&ac	46:04
2	243	Christine Eckersley	L65	2 Middleton H AC	47:05
3	488	Liz Spensley	L65	3 Abc	53:42

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 8th November 2014

### Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	510	Elle Vernon		Stockport H&ac	28:44
2	91	Diane McVey	L35 1	Wilmslow RC	31:15
3	167	Tessa Walker	L35 2	Salford H&ac	31:34
4	380	Hannah Brown	U20 1	University Of Manchester CCC	31:50
5	319	Sarah Barker		Sale H Manchester	32:03
6	165	Beverley Simons	L40 1	Salford H&ac	32:08
7	23	Elizabeth Apsley	U20 2	Stockport H&ac	32:28
8	355	Gemma Connolly		St Helens Sutton AC	32:33
9	30	Ellen Downs	U20 3	Stockport H&ac	32:39
10	214	Rachel Hall		Manchester Triathlon	32:54
11	2019	\$Catherine Howard		Knowsley Harriers	33:05
12	272	Hannah Griffiths		Trafford AC	33:11
13	332	Victoria Hayes		Sale H Manchester	33:17
14	322	Luisa Candioli		Sale H Manchester	33:20
15	266	Vicki Cronin		Trafford AC	33:30
16	318	Hayley Ashby		Sale H Manchester	33:35
17	392	Emily Kearney	U20 4	Wirral AC	33:40
18	315	Kristy Gill	L35 3	Macclesfield H&ac	33:42
19	393	Sarah Kearney	L40 2	Wirral AC	34:12
20	80	Katy Green	L40 3	Wilmslow RC	34:19
21	349	Kathy Wellam		Sale H Manchester	34:20
22	465	Emma Finney		Sale H Manchester	34:23
23	163	Anabeth Orton		Salford H&ac	34:31
24	317	Helen Armitage	L35 4	Sale H Manchester	34:38
25	511	\$Laura Bestow		Vale Royal AC	34:45
26	457	Molly Savill	U20 5	University Of Manchester CCC	34:48
27	140	Zoe Barton	L35 5	Glossopdale Harriers	34:51
28	474	Naomi Alleyne		University Of Manchester CCC	34:56
29	277	Julie Price	L35 6	Trafford AC	34:57
30	2021	\$Jane Thomas		Cheltenham Harriers	34:58
31	269	Alison Drasdo	L45 1	Trafford AC	35:03
32	249	Michelle Hussain	L45 2	Middleton H AC	35:05
33	290	Bethany Hirst		E Cheshire H&tameside AC	35:06
34	478	Lora Blann		Altrincham & District	35:09
35	20	Emma Tolond		Manchester H&ac	35:10
36	143	Kirsty Johnson		Glossopdale Harriers	35:28
37	433	Marie Leahy		Abc Runners	35:32
38	274	Joanne Lott	L45 3	Trafford AC	35:34
39	509	Holly Tidd	U20 6	Warrington AC	35:37
40	77	Janine Ellis	L45 4	Wilmslow RC	35:38
41	359	Rachel McGoldrick	U20 7	St Helens Sutton AC	35:39
42	440	Claire Murphy	L35 7	St Helens Striders	35:42
43	68	Helen Smith	L45 5	Vale Royal AC	35:53
44	232	Jude Wall	L40 4	Manchester Triathlon	35:58
45	79	Sally Gilliver	L50 1	Wilmslow RC	36:02
46	204	Rebecca Brand	L35 8	Manchester Triathlon	36:02
47	42	Lesley Sinclair	L50 2	Stockport H&ac	36:06
48	473	Holly Teague		E Cheshire H&tameside AC	36:17
49	513	Rachael Hibberd	U20 8	Sale H Manchester	36:19
50	35	Jayne Lawton	L45 6	Stockport H&ac	36:44
51	45	Samantha Thomas	L40 5	Stockport H&ac	36:54
52	423	Vicky Wright	L35 9	Hyde Village Striders	36:55
53	299	Janine Ridgard	L50 3	E Cheshire H&tameside AC	36:56
54	184	Madeleine Hill	L40 6	Dragons Rc (sale)	36:57
55	313	Paula Nimmo		Macclesfield H&ac	36:57
56	416	Ingrid Storm		Chorlton Runners	36:58
57	226	Gail O'Hare	L45 7	Manchester Triathlon	37:00
58	518	Imogen Nutter		Stockport H&ac	37:05
59	352	Jennifer Yates		Sale H Manchester	37:09
60	507	Katy Newton		Chorlton Runners	37:18
61	516	Linda Hiscock	L40 7	Stockport H&ac	37:20
62	358	Maria McGoldrick	U20 9	St Helens Sutton AC	37:21
63	268	Camella Davis		Trafford AC	37:28
64	265	Claire Chaffer	L35 10	Trafford AC	37:30
65	368	Lauren Marsden	L40 8	Swinton RC	37:35
66	467	Angelique Bueler	L35 11	Chorlton Runners	37:38
67	149	Hannah Brierley		Manchester Ymca H	37:41
68	74	Diane Bygrave	L40 9	Wilmslow RC	37:44
69	264	Ruth Beresford		Trafford AC	37:51
70	297	Pamela Read		E Cheshire H&tameside AC	37:58
71	100	Carolyn Lewtas		Salford Met AC	37:59
72	173	Laura Bostock		Altrincham & District	38:00
73	177	Annmarie Jones	L60 1	Altrincham & District	38:04
74	65	Emma Pyatt	U20 10	Vale Royal AC	38:05
75	40	Cheryl Rock		Stockport H&ac	38:07
76	158	Marieanne Bigotsazy		Salford H&ac	38:10
77	449	Liz Smith	L45 8	Macclesfield H&ac	38:13
78	356	Julia Eccleston	L40 10	St Helens Sutton AC	38:17
79	472	Sally Teague		E Cheshire H&tameside AC	38:21
80	293	Emma McQueen	L45 9	E Cheshire H&tameside AC	38:24
81	387	Katie Benson	L40 11	Warrington Tri Club	38:26
82	314	Daisy Pickles		Macclesfield H&ac	38:29
83	133	Nicola Lloyd	L35 12	Bramhall Runners	38:32
84	101	Olivia McDermott		Salford Met AC	38:37
85	334	Deirdre McCarthy		Sale H Manchester	38:40
86	496	Louise Hogg	L40 12	St Helens Sutton AC	38:41
87	402	Leona Beaumont		Chorlton Runners	38:45
88	273	Catherine Hurst	L50 4	Trafford AC	38:47
89	276	Rachel McDonnell	L40 13	Trafford AC	38:48
90	93	Nicky Mowat	L55 1	Wilmslow RC	38:49
91	129	Emma Hill		Bramhall Runners	38:50
92	98	Kate Sutton	L50 5	Wilmslow RC	38:50
93	300	Hayley Simpson	U20 11	E Cheshire H&tameside AC	38:51
94	203	Sophie Barnett	L35 13	Manchester Triathlon	38:52
95	208	Claire Deane	L45 10	Manchester Triathlon	38:56
96	294	Angela Oldham	L60 2	E Cheshire H&tameside AC	38:57
97	342	Lynda Rowlinson	L50 6	Sale H Manchester	38:58
98	344	Jennifer Simmons		Sale H Manchester	39:00
99	495	Sonya Monaghan	L45 11	St Helens Sutton AC	39:03
100	29	Gillian Doolan	L45 12	Stockport H&ac	39:07
101	405	Charlotte Durand	L35 14	Chorlton Runners	39:11
102	238	Emma Ball	L40 14	Middleton H AC	39:12
103	183	Joanne Healy	L40 15	Dragons Rc (sale)	39:22
104	499	Lorraine Pang		Chorlton Runners	39:23
105	432	Myka Heard	L45 13	Abc Runners	39:28
106	321	Sarah Bowman	L40 16	Sale H Manchester	39:32
107	310	Jo Miles	L50 7	Macclesfield H&ac	39:34
108	154	Emma Rettig	L35 15	Manchester Ymca H	39:52
109	185	Siobhan Lillie		Dragons Rc (sale)	39:58
110	244	Michelle Fuller	L40 17	Middleton H AC	40:03
111	7	Sophie Flanagan		Manchester H&ac	40:09
112	504	Sadia Haq		Chorlton Runners	40:11
113	353	Lynne Yates	L55 2	Sale H Manchester	40:14
114	517	Jane Graney	L35 16	Swinton RC	40:19
115	198	Linda Rix	L50 8	Manchester Frontrunners	40:20
116	326	Jenny Clink	L35 17	Sale H Manchester	40:21
117	201	Cathy Atkinson	L40 18	Manchester Triathlon	40:23
118	376	Helen Ryan		Swinton RC	40:24
119	366	Julie Hamilton	L35 18	Swinton RC	40:27
120	311	Nina Moss		Macclesfield H&ac	40:29
121	371	Rebecca Mills		Swinton RC	40:33
122	151	Steph Goodchild	L45 14	Manchester Ymca H	40:40
123	148	Emma Bedford	L40 19	Manchester Ymca H	40:43
124	215	Sonia Harris	L40 20	Manchester Triathlon	40:45
125	56	Joanne Edwards	L50 9	Vale Royal AC	40:48
126	338	Carla Ousey	L40 21	Sale H Manchester	40:49
127	168	Hayley Winder	L35 19	Salford H&ac	41:03
128	32	Alice Hughes	U20 12	Stockport H&ac	41:05
129	418	Alison Wainwright		Chorlton Runners	41:06
130	333	Catherine Jones	L35 20	Sale H Manchester	41:13
131	199	Ruth Travis	L40 22	Manchester Frontrunners	41:14
132	351	Natalie Woodford	L35 21	Sale H Manchester	41:14
133	469	Amy Barter		Stockport H&ac	41:26
134	144	Lindsay Palmer	L45 15	Glossopdale Harriers	41:28
135	162	Ruth Ollerenshaw	L40 23	Salford H&ac	41:32
136	138	Claire Stott		Bramhall Runners	41:34
137	2029	\$ShuLing Li		Unattached	41:40
138	270	Sue Exon	L60 3	Trafford AC	41:45
139	475	Viv Samuelson	L35 22	Swinton RC	41:49
140	459	Denise Irving	L35 23	Winston Runners	42:02
141	239	Elaine BladesJordan	L35 24	Middleton H AC	42:08
142	316	Hanny Stockman	L50 10	Macclesfield H&ac	42:09
143	218	Helen Jaques		Manchester Triathlon	42:14
144	117	Leah Evans		Belle Vue Racers	42:25
145	13	Ann McLaughlin	L50 11	Manchester H&ac	42:38
146	49	Hilary West	L55 3	Stockport H&ac	42:38
147	291	Melanie Kay	L40 24	E Cheshire H&tameside AC	42:45
148	180	Jane Nicholson	L45 16	Altrincham & District	42:48
149	171	Sarah Hooks		Winston Runners	42:49
150	191	Miranda Taylor	L45 17	Knutsford Tri Club	42:49
151	477	April Wilkinson		Swinton RC	43:04
152	346	Alice Smedley		Sale H Manchester	43:04
153	256	Catherine Murphy	L45 18	Middleton H AC	43:11
154	374	Lisa Ottiwell	L35 25	Swinton RC	43:13
155	142	Vicki Hamilton	L45 19	Glossopdale Harriers	43:20
156	421	Debbie Smith	L40 25	Hyde Village Striders	43:29
157	111	Sarah Hodgkinson		Abc Runners	43:45
158	301	Gillian Wolstenholme	L55 4	E Cheshire H&tameside AC	43:46
159	298	Nicola Richards	L40 26	E Cheshire H&tameside AC	44:03
160	227	Ana Quintana	L40 27	Manchester Triathlon	44:04
161	437	Dot Muldoon	L45 20	Winston Runners	44:08
162	92	Sarah Miles	L35 26	Wilmslow RC	44:16
163	375	Sharen Roberts	L40 28	Swinton RC	44:34
164	22	Wendy Woodhead		Manchester H&ac	45:04
165	288	Andrea Edwards	L45 21	E Cheshire H&tameside AC	45:05
166	247	Teresa Hollins	L60 4	Middleton H AC	45:10
167	354	Pam Appleton	L60 5	St Helens Sutton AC	45:13
168	99	Janet Wyles	L45 22	Wilmslow RC	45:15

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169 219 Sarka Jeremic	L40 29	Manchester Triathlon	45:19	195 378 Mel Whittington	L40 34	Swinton RC	50:39
170 4 Debbie Beresford	L45 23	Manchester H&ac	45:25	196 110 Adele Fisher	L40 35	Abc Runners	51:59
171 373 Helen Nation	L35 27	Swinton RC	45:44	197 136 Jo Podolanski	L45 28	Bramhall Runners	52:15
1722023\$Carol Ockwell	L40 30	Unattached	45:57	198 126 Fiona Seymour	L45 29	Belle Vue Racers	52:18
173 407 Helen Hall		Chorlton Runners	45:59	199 172 Carron Lane	L50 13	Winston Runners	52:19
174 28 Alexis Dinsmor	L65 1	Stockport H&ac	46:04	200 494 Ros Dyde	L55 6	Winston Runners	52:25
175 360 Clare Batten	L45 24	Swinton RC	46:06	201 241 Laura Cunningham		Middleton H AC	53:05
176 87 Julie Lucas	L50 12	Wilmslow RC	46:13	202 224 Jennifer Lutton		Manchester Triathlon	53:18
177 12 Kirsty Lyons		Manchester H&ac	46:17	203 493 Lynda Clifford	L45 30	Winston Runners	53:26
178 211 Alexa Goodjacomb		Manchester Triathlon	46:35	204 488 Liz Spensley	L65 3	Abc	53:42
179 389 Charlie Scholl	L45 25	Warrington Tri Club	46:39	205 403 Val Brennan	L55 7	Chorlton Runners	53:46
180 363 Lynne Davies	L40 31	Swinton RC	46:42	206 155 Olivia Scates	L50 14	Manchester Ymca H	54:21
181 361 Mandy Beard	L45 26	Swinton RC	47:00	207 195 Mel Johnson	L35 30	Manchester Frontrunners	54:24
182 243 Christine Eckersley	L65 2	Middleton H AC	47:05	208 113 Ruth Amin	L35 31	Belle Vue Racers	54:27
183 503 Sophie Cunningham		Chorlton Runners	47:09	209 515 \$Megan Johnson		Swinton RC	54:41
184 72 Carole Williams	L60 6	Vale Royal AC	47:12	210 512 Kate MacDonald	L50 15	Chorlton Runners	54:47
185 123 Catherine McKenna	L40 32	Belle Vue Racers	47:32	211 412 Helen Rees		Chorlton Runners	56:08
186 436 Beata Knychala	L35 28	Winston Runners	47:50	212 508 Lauren Berger	L35 32	Chorlton Runners	56:10
187 458 Elizabeth Malone		Warrington Tri Club	47:54	213 417 Jennifer Turner	L35 33	Chorlton Runners	59:24
188 169 Fiona Ashworth	L40 33	Winston Runners	48:29	214 285 Lucy Davidson		E Cheshire H&tameside AC	59:26
189 178 Maggie Jones	L55 5	Altrincham & District	48:40	215 250 Sandra Hutchinson	L50 16	Middleton H AC	1:00:28
190 514 Laura Heaney		Chorlton Runners	48:50	216 192 Nina Barthel		Manchester Frontrunners	1:01:30
191 484 Susan Mee	L45 27	Winston Runners	48:52	217 150 Jennifer Delaney		Manchester Ymca H	1:08:20
192 246 Ruth Hare	L60 7	Middleton H AC	49:13	218 498 Catherine Cutts		Chorlton Runners	1:10:17
193 255 Anne Lowe	L35 29	Middleton H AC	50:13	219 408 Jayne Langlands	L35 34	Chorlton Runners	1:11:18
194 410 Gemma Lovegrove		Chorlton Runners	50:25				

## Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	45	—	5 Sarah Barker	12 Victoria Hayes	13 Luisa Candioli	15 Hayley Ashby
2 Stockport H&ac	61	—	1 Elle Vernon	7 Elizabeth Apsley	9 Ellen Downs	44 Lesley Sinclair
3 Trafford AC	80	—	11 Hannah Griffiths	14 Vicki Cronin	27 Julie Price	28 Alison Drasdo
4 Wilmslow RC	100	—	2 Diane McVey	19 Katy Green	37 Janine Ellis	42 Sally Gilliver
5 Salford H&ac	104	—	3 Tessa Walker	6 Beverley Simons	22 Anabeth Orton	73 Marieanne Bigotsazy
6 Sale H Manchester 'B'	110	—	20 Kathy Wellam	21 Emma Finney	23 Helen Armitage	46 Rachael Hibberd
7 Manchester Triathlon	148	—	10 Rachel Hall	41 Jude Wall	43 Rebecca Brand	54 Gail O'Hare
8 St Helens Sutton AC	180	—	8 Gemma Connolly	38 Rachel McGoldrick	59 Maria McGoldrick	75 Julia Eccleston
9 E Cheshire H&tameside AC	192	—	30 Bethany Hirst	45 Holly Teague	50 Janine Ridgard	67 Pamela Read
10 Stockport H&ac 'B'	208	—	47 Jayne Lawton	48 Samantha Thomas	55 Imogen Nutter	58 Linda Hiscock
11 Trafford AC 'B'	222	—	35 Joanne Lott	60 Camella Davis	61 Claire Chaffer	66 Ruth Beresford
12 Macclesfield H&ac	222	—	17 Kristy Gill	52 Paula Nimmo	74 Liz Smith	79 Daisy Pickles
13 Chorlton Runners	257	—	53 Ingrid Storm	57 Katy Newton	63 Angelique Bueler	84 Leona Beaumont
14 Altrincham & District	314	—	31 Lora Blann	69 Laura Bostock	70 Annmarie Jones	144 Jane Nicholson
15 Sale H Manchester 'C'	327	—	56 Jennifer Yates	82 Deirdre McCarthy	94 Lynda Rowlinson	95 Jennifer Simmons
16 E Cheshire H&tameside AC 'B'	336	—	76 Sally Teague	77 Emma McQueen	90 Hayley Simpson	93 Angela Oldham
17 Glossopdale Harriers	340	—	25 Zoe Barton	33 Kirsty Johnson	131 Lindsay Palmer	151 Vicki Hamilton
18 Middleton H AC	372	—	29 Michelle Hussain	99 Emma Ball	107 Michelle Fuller	137 Elaine Blades Jordan
19 Wilmslow RC 'B'	398	—	65 Diane Bygrave	87 Nicky Mowat	89 Kate Sutton	157 Sarah Miles
20 Swinton RC	404	—	62 Lauren Marsden	111 Jane Graney	115 Helen Ryan	116 Julie Hamilton
21 Manchester Ymca H	408	—	64 Hannah Brierley	105 Emma Rettig	119 Steph Goodchild	120 Emma Bedford
22 Vale Royal AC	411	—	40 Helen Smith	71 Emma Pyatt	122 Joanne Edwards	178 Carole Williams
23 Manchester Triathlon 'B'	418	—	91 Sophie Barnett	92 Claire Deane	114 Cathy Atkinson	121 Sonia Harris
24 Stockport H&ac 'C'	424	—	72 Cheryl Rock	97 Gillian Doolan	125 Alice Hughes	130 Amy Barter
25 Chorlton Runners 'B'	434	—	98 Charlotte Durand	101 Lorraine Pang	109 Sadia Haq	126 Alison Wainwright
26 Manchester H&ac	440	—	32 Emma Tolond	108 Sophie Flanagan	141 Ann McLaughlin	159 Wendy Woodhead
27 Sale H Manchester 'D'	449	—	103 Sarah Bowman	110 Lynne Yates	113 Jenny Clink	123 Carla Ousey
28 Abc Runners	479	—	34 Marie Leahy	102 Myka Heard	153 Sarah Hodgkinson	190 Adele Fisher
29 Bramhall Runners	492	—	80 Nicola Lloyd	88 Emma Hill	133 Claire Stott	191 Jo Podolanski
30 Swinton RC 'B'	550	—	118 Rebecca Mills	135 Viv Samuelson	147 April Wilkinson	150 Lisa Ottiwell
31 Winston Runners	617	—	136 Denise Irving	145 Sarah Hooks	156 Dot Muldoon	180 Beata Knychala
32 Manchester Triathlon 'C'	630	—	139 Helen Jaques	155 Ana Quintana	164 Sarka Jeremic	172 Alexa Goodjacomb
33 Manchester Frontrunners	650	—	112 Linda Rix	128 Ruth Travis	201 Mel Johnson	209 Nina Barthel
34 E Cheshire H&tameside AC 'C'	664	—	143 Melanie Kay	154 Gillian Wolstenholme	160 Andrea Edwards	207 Lucy Davidson
35 Swinton RC 'C'	667	—	158 Sharen Roberts	166 Helen Nation	169 Clare Batten	174 Lynne Davies
36 Middleton H AC 'B'	672	—	149 Catherine Murphy	161 Teresa Hollins	176 Christine Eckersley	186 Ruth Hare
37 Belle Vue Racers	713	—	140 Leah Evans	179 Catherine McKenna	192 Fiona Seymour	202 Ruth Amin
38 Chorlton Runners 'C'	716	—	167 Helen Hall	177 Sophie Cunningham	184 Laura Heaney	188 Gemma Lovegrove
39 Winston Runners 'B'	754	—	182 Fiona Ashworth	185 Susan Mee	193 Carron Lane	194 Ros Dyde
40 Chorlton Runners 'D'	811	—	199 Val Brennan	203 Kate MacDonald	204 Helen Rees	205 Lauren Berger



## Senior Women (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow RC	20 — 1 Diane McVey	6 Katy Green	13 Janine Ellis
2 Trafford AC	31 — 9 Julie Price	10 Alison Drasdo	12 Joanne Lott
3 Manchester Triathlon	59 — 16 Jude Wall	18 Rebecca Brand	25 Gail O'Hare
4 Stockport H&ac	60 — 19 Lesley Sinclair	20 Jayne Lawton	21 Samantha Thomas
5 Salford H&ac	72 — 2 Tessa Walker	3 Beverley Simons	67 Hayley Winder
6 Wilmslow RC 'B'	87 — 17 Sally Gilliver	30 Diane Bygrave	40 Nicky Mowat
7 Macclesfield H&ac	89 — 4 Kristy Gill	32 Liz Smith	53 Jo Miles
8 E Cheshire H&tameside AC	101 — 23 Janine Ridgard	34 Emma McQueen	44 Angela Oldham
9 Trafford AC 'B'	104 — 27 Claire Chaffer	38 Catherine Hurst	39 Rachel McDonnell
10 Sale H Manchester	104 — 7 Helen Armitage	45 Lynda Rowlinson	52 Sarah Bowman
11 Middleton H AC	115 — 11 Michelle Hussain	49 Emma Ball	55 Michelle Fuller
12 St Helens Sutton AC	116 — 33 Julia Eccleston	37 Louise Hogg	46 Sonya Monaghan
13 Manchester Triathlon 'B'	145 — 42 Sophie Barnett	43 Claire Deane	60 Cathy Atkinson
14 Swinton RC	146 — 28 Lauren Marsden	57 Jane Graney	61 Julie Hamilton
15 Stockport H&ac 'B'	152 — 26 Linda Hiscock	47 Gillian Doolan	79 Hilary West
16 Glossopdale Harriers	164 — 8 Zoe Barton	71 Lindsay Palmer	85 Vicki Hamilton
17 Manchester Ymca H	179 — 54 Emma Rettig	62 Steph Goodchild	63 Emma Bedford
18 Sale H Manchester 'B'	181 — 56 Lynne Yates	59 Jenny Clink	66 Carla Ousey
19 Vale Royal AC	186 — 15 Helen Smith	65 Joanne Edwards	106 Carole Williams
20 Chorlton Runners	199 — 29 Angelique Bueler	48 Charlotte Durand	122 Val Brennan
21 Altrincham & District	222 — 31 Annmarie Jones	81 Jane Nicholson	110 Maggie Jones
22 Wilmslow RC 'C'	226 — 41 Kate Sutton	90 Sarah Miles	95 Janet Wyles
23 Manchester Triathlon 'C'	248 — 64 Sonia Harris	88 Ana Quintana	96 Sarka Jeremic
24 Swinton RC 'B'	249 — 74 Viv Samuelson	84 Lisa Ottiwell	91 Sharen Roberts
25 Manchester Frontrunners	251 — 58 Linda Rix	69 Ruth Travis	124 Mel Johnson
26 Middleton H AC 'B'	252 — 76 Elaine Blades Jordan	83 Catherine Murphy	93 Teresa Hollins
27 E Cheshire H&tameside AC 'B'	259 — 80 Melanie Kay	87 Gillian Wolstenholme	92 Andrea Edwards
28 Winston Runners	272 — 75 Denise Irving	89 Dot Muldoon	108 Beata Knychala
29 Swinton RC 'C'	301 — 98 Helen Nation	100 Clare Batten	103 Lynne Davies
30 Middleton H AC 'C'	330 — 105 Christine Eckersley	112 Ruth Hare	113 Anne Lowe
31 Winston Runners 'B'	338 — 109 Fiona Ashworth	111 Susan Mee	118 Carron Lane
32 Belle Vue Racers	349 — 107 Catherine McKenna	117 Fiona Seymour	125 Ruth Amin
33 Chorlton Runners 'B'	381 — 126 Kate MacDonald	127 Lauren Berger	128 Jennifer Turner

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 8th November 2014

### Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2020	\$Bertie Houghton	U20	1 Doncaster Ac	32:03	12	332	Richard McGeachie	U20	12 Halton & Frodsham	36:51
2	858	Dan Jarvis	U20	2 Liverpool H&ac	32:33	13	87	Danny Morrison	U20	13 Vale Royal AC	36:59
3	904	\$Cameron Field	U20	3 Liverpool Harriers	32:37	14	880	Josh Walton	U20	14 Stockport H&ac	37:52
4	868	Sam Whitehead	U20	4 Vale Royal AC	33:25	15	844	Matt Hulse	U20	15 Vale Royal AC	38:15
5	2031	\$Liam Burthem	U20	5 Unattached	34:22	16	884	Sam Mayon	U20	16 Sale H Manchester	41:30
6	792	Adam Sciacca	U20	6 University Of Manchester Ccc	34:57	17	545	Eugene Adefe	U20	17 Sale H Manchester	42:12
7	902	Jonathon Mullen	U20	7 Liverpool H&ac	35:52	18	821	Ryan Terrey	U20	18 E Cheshire H & Tameside AC	42:12
8	791	Josh Nevin	U20	8 University Of Manchester Ccc	36:10	19	27	Simon Chadwick	U20	19 Stockport H&ac	42:31
9	554	Matthew Beacock	U20	9 Sale H Manchester	36:12	20	231	Daniel Bolton	U20	20 Ribble Valley AC	43:03
10	98	Patrick Stradling	U20	10 Vale Royal AC	36:44	21	682	Dan Pettitt	U20	21 University Of Manchester Ccc	43:39
11	814	Chris Fance	U20	11 Warrington AC	36:49	22	887	John Ridyard	U20	22 Trafford AC	44:24

### Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	780	Charlie Hulson		Sale H Manchester	31:18	72	2032	\$Ben Wolfarth		Unattached	39:39
2	778	Gavin Hill		Sale H Manchester	31:43	73	380	Andy Adkin		Manchester Triathlon	39:41
3	309	David Norman		Altrincham & Dist AC	32:08	74	237	Richard Brook		Salford H&ac	39:55
4	869	Zekeriya Abery		Liverpool H&ac	32:27	75	164	Michael Hodgkinson		Abc Runners	39:57
5	510	Patrick Gardiner		E Cheshire H & Tameside AC	32:53	76	706	Jonathon Bell		Chorlton Runners	40:07
6	820	Andy Nixon		Stockport H&ac	33:00	77	893	Gary Lyons		Sale H Manchester	40:15
7	548	James Bailey		Sale H Manchester	33:17	78	145	Paul Connolly		Salford Met AC	40:16
8	848	Richard Burney		Liverpool H&ac	33:17	79	160	Robert Chesters		Abc Runners	40:21
9	849	Ricky Challinor		Liverpool H&ac	33:22	80	717	Thomas Jones		Chorlton Runners	40:28
10	853	James McNally		Liverpool H&ac	33:45	81	891	Tom Armstrong		Vale Royal AC	40:29
11	416	Alex Lawton		Manchester Triathlon	33:52	82	431	Murray Taylor		Manchester Triathlon	40:29
12	587	Nigel Martin		Sale H Manchester	33:55	83	328	Robert Wadsworth		Dragons Rc (sale)	40:30
13	785	James Wignll		Sale H Manchester	34:00	84	42	David Hulley		Stockport H&ac	40:30
14	471	Tom Charles		Trafford AC	34:07	85	897	Alexander Thomas		Salford H&ac	40:31
15	61	James Scottbuccleuch		Stockport H&ac	34:12	86	863	TengJian Hong		University Of Manchester Ccc	40:35
16	851	Ben Martin		Liverpool H&ac	34:32	87	723	Jason McMinn		Chorlton Runners	40:36
17	630	Tom Griffiths		St Helens Sutton AC	34:56	88	663	Kevin Ryan		Swinton RC	40:49
18	139	Peter Speake		Wilmslow RC	35:02	89	550	Paul Barrett		Sale H Manchester	40:51
19	256	Bruno Lima		Salford H&ac	35:09	90	886	\$Aston Perrin		Swinton RC	40:52
20	888	Lee Siemaszko		Liverpool H&ac	35:16	91	198	Matthew Moran		Bramhall Runners	40:54
21	589	Stephen McCarron		Sale H Manchester	35:29	92	252	Chris Jones		Salford H&ac	41:03
22	426	Paul Savage		Manchester Triathlon	35:32	93	202	John Williams		Bramhall Runners	41:03
23	243	Jon Dance		Salford H&ac	35:34	94	890	Andrew Oliver		Macclesfield H&ac	41:03
24	823	Adam Simms		Altrincham & Dist AC	35:47	95	838	Dan Harbridge		Warrington Tri Club	41:14
25	563	Chris Donnelly		Sale H Manchester	36:08	96	227	Chris March		Manchester Ymca H	41:16
26	586	David Marsh		Sale H Manchester	36:13	97	13	Jonathan Reeh		Manchester H&ac	41:22
27	641	Simon Atkin		Swinton RC	36:14	98	200	Phil Ramsey		Bramhall Runners	41:59
28	2018	\$Alexis Valtat		Athletic Coeur De Fond	36:25	99	530	Carl Hanaghan		Macclesfield H&ac	42:04
29	524	Aaron Schofield		E Cheshire H & Tameside AC	36:27	100	788	Matthew Hamer		University Of Manchester Ccc	42:10
30	492	Darren Russell		Trafford AC	36:47	101	396	Dean Evans		Manchester Triathlon	42:19
31	606	Phil Scowcroft		Sale H Manchester	36:54	102	440	Chris Williams		Manchester Triathlon	42:20
32	456	Ryan Lindsay		Middleton H AC	36:56	103	306	Daniel Martell		Altrincham & Dist AC	42:30
33	233	Tommi Baker		Salford H&ac	36:57	104	127	Phil Matthews		Wilmslow RC	42:32
34	325	Mark Offord		Dragons Rc (sale)	37:02	105	365	Jono Guildford		Manchester Frontrunners	42:33
35	544	Scott Wilson		Macclesfield H&ac	37:07	106	610	Steve Surridge		Sale H Manchester	42:34
36	477	Timothy Fletcher		Trafford AC	37:11	107	716	Damien Jones		Chorlton Runners	42:35
37	257	John Lloyd		Salford H&ac	37:16	108	14	Chris Sewart		Manchester H&ac	42:49
38	302	Matthew Kelly		Altrincham & Dist AC	37:20	109	672	James Barringer		University Of Manchester Ccc	42:50
39	614	James Walsh		Sale H Manchester	37:24	110	685	Mike Douglas		Warrington Tri Club	42:58
40	466	Peter Bains		Trafford AC	37:25	111	359	David Chambers		Manchester Frontrunners	43:07
41	472	Richard Clancy		Trafford AC	37:26	112	732	Neal Wainwright		Chorlton Runners	43:11
42	659	Dave Parkin		Swinton RC	37:30	113	338	John Goggins		Knutsford Tri Club	43:32
43	89	Rob Olliver		Vale Royal AC	37:32	114	483	Ben Langley		Trafford AC	43:40
44	594	Andrew Mooney		Sale H Manchester	37:37	115	280	Paul Muldoon		Winston Runners	43:55
45	720	F MacDonaldOulds		Chorlton Runners	37:44	116	226	Rob Kedian		Manchester Ymca H	44:07
46	218	Richard Brierley		Manchester Ymca H	37:49	117	181	Andrew Taylor		Belle Vue Racers	44:10
47	828	Craig Jones		Manchester Ymca H	37:50	118	366	Steve Hatton		Manchester Frontrunners	44:21
48	527	Chris Bentley		Macclesfield H&ac	37:53	119	97	Iain Stanton		Vale Royal AC	44:37
49	163	Chris Green		Abc Runners	37:55	120	201	John Williams		Bramhall Runners	44:37
50	645	Chris Brown		Swinton RC	37:56	121	186	Adam Bird		Bramhall Runners	44:37
51	872	Steven Anders		St Helens Sutton AC	37:57	122	558	Craig Bradbury		Sale H Manchester	44:43
52	260	Billy McCartney		Salford H&ac	38:01	123	358	Joe Carne		Manchester Frontrunners	44:48
53	790	Jayant Nain		University Of Manchester Ccc	38:03	124	894	Mike Graney		Swinton RC	44:57
54	568	Kevin Foster		Sale H Manchester	38:03	125	278	Chris Lang		Winston Runners	45:00
55	861	Jon Harrison		University Of Manchester Ccc	38:10	126	767	San Tou		Manchester Triathlon	45:01
56	23	Paul Brooks		Stockport H&ac	38:14	127	158	Gary Birch		Abc Runners	45:45
57	903	Paul Hawkins		Wilmslow RC	38:17	128	152	Scott Robertson		St Helens Striders	46:00
58	128	Allan McCormick		Wilmslow RC	38:29	129	155	Craig Abbot		Abc Runners	46:22
59	585	Rupert Liddington		Sale H Manchester	38:38	130	344	David MiddletonEgan		Knutsford Tri Club	46:22
60	287	Michael Berks		Altrincham & Dist AC	38:40	131	835	Gareth Fitzjohn		Manchester H&ac	47:08
61	32	Steven Crook		Stockport H&ac	38:41	132	361	Amir Dar		Manchester Frontrunners	47:12
62	222	Mark Griffiths		Manchester Ymca H	38:43	133	146	Stuart Mairs		Salford Met AC	47:20
63	895	Rob Cushion		Liverpool H&ac	38:48	134	378	Stephen Weigh		Manchester Frontrunners	47:27
64	532	Robert Hasler		Macclesfield H&ac	38:49	135	669	Mike Wilkinson		Swinton RC	47:30
65	418	Stewart Moore		Manchester Triathlon	38:56	136	191	James Hall		Bramhall Runners	47:33
66	644	Dan Bird		Swinton RC	39:05	137	876	Nick Jones		Chorlton Runners	47:50
67	850	Luke Jockins		Liverpool H&ac	39:10	138	730	Jacob Smiles		Chorlton Runners	47:58
68	901	Matthew Hughes		Liverpool H&ac	39:16	139	445	Jason Cunningham		Middleton H AC	47:59
69	547	Mike Ashby		Sale H Manchester	39:19	140	425	David Rees		Manchester Triathlon	48:10
70	24	Phil Burns		Stockport H&ac	39:36	141	154	Gary Ward		St Helens Striders	48:20
71	900	Alex Mason		Vale Royal AC	39:39	142	363	James Fox		Manchester Frontrunners	48:33

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

**Sport**  
**Soft**

143 279 Paul Lockett	Winston Runners	49:02	148 172 Greg Barber	Belle Vue Racers	50:13
144 369 Jordan Millar	Manchester Frontrunners	49:14	149 710 Mark Donnelly	Chorlton Runners	50:52
145 506 Lee Buckley	E Cheshire H & Tameside AC	49:15	150 721 Thomas Marler	Chorlton Runners	55:03
146 652 Dave Halliday	Swinton RC	49:20	151 360 Timothy Crump	Manchester Frontrunners	56:19
147 174 James Corrigan	Belle Vue Racers	49:25	152 666 Andy Smith	Swinton RC	57:19
			153 725 Dave Murray	Chorlton Runners	1:01:08

### Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	81	Stuart Doyle	V40	1 Vale Royal AC	33:26	32	839	Simon Granger	V40	32 Manchester Triathlon	43:16
2	285	Colin Bannothornton	V40	2 Altrincham & Dist AC	35:31	33	31	Paul Corner	V40	33 Stockport H&ac	43:28
3	102	Barry Archbold	V40	3 Wilmslow RC	36:43	34	846	Andy Schofield	V40	34 Hyde Village Striders	43:50
4	668	Mark Whittington	V40	4 Swinton RC	36:58	35	56	Paul Plummer	V40	35 Stockport H&ac	43:59
5	852	Lee Midghall	V40	5 Liverpool H&ac	37:06	36	434	Franck Turmeljosek	V40	36 Manchester Triathlon	44:41
6	370	James Moles	V40	6 Manchester Frontrunners	37:26	37	169	Lee Stinch	V40	37 Abc Runners	44:53
7	137	Jim Pendrill	V40	7 Wilmslow RC	37:27	38	2027	\$Peter Hulme	V40	38 Unattached	45:04
8	812	Adrian Nutter	V40	8 Stockport H&ac	37:45	39	44	Andrew Mainwaring	V40	39 Stockport H&ac	45:08
9	30	James Corden	V40	9 Stockport H&ac	37:49	40	704	Peter Adams	V40	40 Chorlton Runners	45:33
10	571	Olivier Gaillemain	V40	10 Sale H Manchester	37:50	41	367	John Lowe	V40	41 Manchester Frontrunners	45:36
11	247	Charles Foster	V40	11 Salford H&ac	38:42	42	633	Chris Levy	V40	42 St Helens Sutton AC	45:42
12	70	Matt Townley	V40	12 Stockport H&ac	38:55	43	892	Mark Byrom	V40	43 Stockport H&ac	46:09
13	562	Elton Davies	V40	13 Sale H Manchester	39:03	44	622	Michael Wymer	V40	44 Sale H Manchester	46:28
14	639	Andrew Wilson	V40	14 St Helens Sutton AC	39:08	45	168	Matt Shillabeer	V40	45 Abc Runners	46:31
15	769	Darren Cottier	V40	15 Vale Royal AC	39:24	46	874	Gary Oldham	V40	46 St Helens Sutton AC	46:33
16	282	Paul Abraham	V40	16 Altrincham & Dist AC	39:44	47	346	Andrew Orme	V40	47 Knutsford Tri Club	46:40
17	687	Mark Hadland	V40	17 Warrington Tri Club	39:55	48	801	Dennis Thomas	V40	48 E Cheshire H & Tameside AC	47:19
18	626	Ian Costello	V40	18 St Helens Sutton AC	40:00	49	657	Jon Mellor	V40	49 Swinton RC	47:37
19	92	Craig Sephton	V40	19 Vale Royal AC	40:11	50	766	Gary Spriggs	V40	50 St Helens Striders	48:03
20	53	Paul Nutter	V40	20 Stockport H&ac	40:18	51	327	Simon Skeltenberry	V40	51 Dragons Rc (sale)	48:27
21	413	Tony Jolly	V40	21 Manchester Triathlon	40:20	52	379	Dan Whittaker	V40	52 Manchester Frontrunners	48:46
22	433	Roger Thomas	V40	22 Manchester Triathlon	40:30	53	73	Jeremy Woodham	V40	53 Stockport H&ac	49:03
23	199	Frank Podd	V40	23 Bramhall Runners	41:10	54	410	Tim Jacomb	V40	54 Manchester Triathlon	49:04
24	299	Shaun Jackson	V40	24 Altrincham & Dist AC	41:11	55	770	Simon Finch	V40	55 Swinton RC	50:52
25	239	Albert Castile	V40	25 Salford H&ac	41:40	56	390	Mark Coley	V40	56 Manchester Triathlon	52:30
26	896	David Armitage	V40	26 Knutsford Tri Club	42:10	57	161	Mark Derbyshire	V40	57 Abc Runners	52:46
27	197	Li Lok	V40	27 Bramhall Runners	42:55	58	845	Mike Cronin	V40	58 Manchester H&ac	52:55
28	671	Paul Wilson	V40	28 Swinton RC	43:02	59	763	Matthew Ward	V40	59 Winston Runners	58:58
29	3	Jason Brogan	V40	29 Manchester H&ac	43:03	60	377	Henry Walker	V40	60 Manchester Frontrunners	1:01:40
30	555	Simon Bond	V40	30 Sale H Manchester	43:07						
31	194	Mike Hodson	V40	31 Bramhall Runners	43:14						

### Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	617	Ian Wetherall	V45	1 Sale H Manchester	34:47	33	879	Naz Zameer	V45	33 Chorlton Runners	43:55
2	661	Mark Russell	V45	2 Swinton RC	35:20	34	501	James Jones	V45	34 West Cheshire AC	44:02
3	499	David Alexander	V45	3 West Cheshire AC	35:48	35	739	Dominic Sexton	V45	35 Hyde Village Striders	44:16
4	258	Dave Lockett	V45	4 Salford H&ac	36:16	36	688	Steve Howard	V45	36 Warrington Tri Club	44:34
5	6	Ed Fazakerley	V45	5 Manchester H&ac	36:33	37	310	Craig Partridge	V45	37 Altrincham & Dist AC	44:47
6	537	James Noakes	V45	6 Macclesfield H&ac	37:40	38	2028	\$George Pierce	V45	38 Liverpool Running Club	45:13
7	143	Andy Whittingham	V45	7 Wilmslow RC	38:20	39	632	Peter Johnson	V45	39 St Helens Sutton AC	45:37
8	482	Mike Hutchinson	V45	8 Trafford AC	38:28	40	192	Richard Hall	V45	40 Bramhall Runners	45:38
9	36	Kevan Garner	V45	9 Stockport H&ac	38:45	41	153	John Smee	V45	41 St Helens Striders	45:44
10	144	Rob Wilson	V45	10 Wilmslow RC	38:46	42	51	Ian Mulligan	V45	42 Stockport H&ac	45:51
11	316	Steve Renny	V45	11 Altrincham & Dist AC	39:10	43	175	Philip D'netto	V45	43 Belle Vue Racers	45:53
12	509	Ian Fraser	V45	12 E Cheshire H & Tameside AC	39:21	44	667	Ric Waring	V45	44 Swinton RC	46:15
13	121	Mike Hill	V45	13 Wilmslow RC	39:23	45	461	Paul Taylor	V45	45 Middleton H AC	46:18
14	866	Andrew Clague	V45	14 West Cheshire AC	39:38	46	190	Steve Fairclough	V45	46 Bramhall Runners	46:50
15	428	Paul Schofield	V45	15 Manchester Triathlon	39:57	47	882	Chris Jones	V45	47 Salford Met AC	47:14
16	529	Julian Brown	V45	16 Macclesfield H&ac	40:38	48	665	Jon Sides	V45	48 Swinton RC	47:31
17	333	Simon Atkins	V45	17 Knutsford Tri Club	40:40	49	355	Graham Bateson	V45	49 Manchester Frontrunners	47:44
18	438	Lee Webster	V45	18 Manchester Triathlon	41:13	50	885	Robert GinderPoulson	V45	50 Manchester H&ac	48:02
19	412	Tim Johns	V45	19 Manchester Triathlon	41:17	51	188	Mark Corcoran	V45	51 Bramhall Runners	48:16
20	264	James O'Connor	V45	20 Salford H&ac	41:30	52	101	Robert Tipping	V45	52 Vale Royal AC	48:52
21	818	Scott Bamber	V45	21 Vale Royal AC	41:35	53	771	Andrew Burnett	V45	53 Glossopdale Harriers	48:54
22	241	Sean Cordell	V45	22 Salford H&ac	41:39	54	809	Clive Smith	V45	54 Glossopdale Harriers	49:08
23	500	Denis Duret	V45	23 West Cheshire AC	41:44	55	518	Martin Lewis	V45	55 E Cheshire H & Tameside AC	49:59
24	1	Lloyd Barlow	V45	24 Manchester H&ac	42:12	56	698	Ian Wood	V45	56 Liverpool H&ac	50:20
25	46	Graham Marsland	V45	25 Stockport H&ac	42:26	57	230	Steve Symons	V45	57 Manchester Ymca H	50:33
26	148	Paul Demore	V45	26 St Helens Striders	42:36	58	11	Denis Kelly	V45	58 Manchester H&ac	50:45
27	690	Mark Walker	V45	27 Warrington Tri Club	42:40	59	813	Nicholas Roberts	V45	59 Stockport H&ac	51:49
28	631	Ian Hayburn	V45	28 St Helens Sutton AC	42:48	60	405	Bryan Hopwood	V45	60 Manchester Triathlon	56:00
29	625	Greg Cams	V45	29 St Helens Sutton AC	43:13	61	670	David Williamson	V45	61 Swinton RC	56:45
30	883	Anthony Atkinson	V45	30 Vale Royal AC	43:22	62	719	Richard Leeming	V45	62 Chorlton Runners	59:54
31	467	Robin Beaumont	V45	31 Trafford AC	43:47	63	847	Chris Sagar	V45	63 Hyde Village Striders	1:07:34
32	713	Justin Hayes	V45	32 Chorlton Runners	43:55						

### Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	111	Rob Downs	V50 1	Wilmslow RC	35:38	24	870 Chris Reid	V50 24	St Helens Striders	44:13
2	113	Malcolm Fowler	V50 2	Wilmslow RC	36:40	25	899 Steve Dempsey	V50 25	Wilmslow RC	44:31
3	470	Dick Byers	V50 3	Trafford AC	37:16	26	761 Paul Clifford	V50 26	Winston Runners	45:47
4	514	Barry Hirst	V50 4	E Cheshire H & Tameside AC	38:03	27	296 Pete Hill	V50 27	Altrincham & Dist AC	45:48
5	603	Gary Rowlinson	V50 5	Sale H Manchester	38:27	28	505 John Bowker	V50 28	E Cheshire H & Tameside AC	45:53
6	629	John Greenall	V50 6	St Helens Sutton AC	38:37	29	827 John Hewitt	V50 29	Glossopdale Harriers	46:02
7	313	Roger Preece	V50 7	Altrincham & Dist AC	38:44	30	105 Simon Bolton	V50 30	Wilmslow RC	46:08
8	519	Gary Matthews	V50 8	E Cheshire H & Tameside AC	38:53	31	439 Simon Wildman	V50 31	Manchester Triathlon	46:10
9	486	Paul Mannion	V50 9	Trafford AC	39:07	32	149 Tony Horsfall	V50 32	St Helens Striders	46:32
10	220	David Garner	V50 10	Manchester Ymca H	39:35	33	320 Alan Williams	V50 33	Altrincham & Dist AC	46:43
11	136	Stuart Parrott	V50 11	Wilmslow RC	39:41	34	638 Ray Vose	V50 34	St Helens Sutton AC	46:48
12	649	Steve Doxey	V50 12	Swinton RC	39:50	35	455 Steve Lewis	V50 35	Middleton H AC	46:57
13	26	Robert Cawley	V50 13	Stockport H&ac	40:37	36	831 Paul Harbridge	V50 36	Warrington Tri Club	47:41
14	543	Gary Willcock	V50 14	Macclesfield H&ac	41:09	37	762 Tony Southworth	V50 37	Winston Runners	47:59
15	55	Simon Phillips	V50 15	Stockport H&ac	41:18	38	463 Tony Walsh	V50 38	Middleton H AC	48:09
16	881	Paul Stevenson	V50 16	Salford Met AC	41:26	39	195 Steve Hughes	V50 39	Bramhall Runners	49:35
17	611	Francis Sweeney	V50 17	Sale H Manchester	41:30	40	889 \$Ian Taylor	V50 40	Salford Met AC	49:43
18	634	Mark Liptrot	V50 18	St Helens Sutton AC	42:23	41	48 Steve Matkin	V50 41	Stockport H&ac	50:15
19	16	Matt Whitehead	V50 19	Manchester H&ac	42:49	42	642 Dave Batty	V50 42	Swinton RC	50:20
20	597	Steve Parry	V50 20	Sale H Manchester	43:05	43	17 Dave Wood	V50 43	Manchester H&ac	53:13
21	384	Lee Benson	V50 21	Manchester Triathlon	43:27	44	697 David Rowe	V50 44	Liverpool H&ac	53:39
22	315	Tim Raffle	V50 22	Altrincham & Dist AC	43:53	45	2030 \$Colin Seymour	V50 45	Unattached	59:24
23	221	Eddie Gilligan	V50 23	Manchester Ymca H	44:10					

### Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	129	Tom McGaff	V55 1	Wilmslow RC	39:15	9	803 Mike Race	V55 9	Salford Met AC	44:48
2	600	Aiden Rafferty	V55 2	Sale H Manchester	40:15	10	898 Dennis Wharton	V55 10	St Helens Sutton AC	45:20
3	62	Steve Shaughnessy	V55 3	Stockport H&ac	41:00	11	251 Ian Johnson	V55 11	Salford H&ac	46:23
4	2033	\$Chris Pedder	V55 4	Liverpool Pembroke & Sefton H	41:38	12	444 Paul Collinge	V55 12	Middleton H AC	47:33
5	82	James Edwards	V55 5	Vale Royal AC	42:17	13	542 Mark Wheelton	V55 13	Macclesfield H&ac	48:10
6	39	Tim Hargreaves	V55 6	Stockport H&ac	42:30	14	460 Craig Sutherland	V55 14	Middleton H AC	48:44
7	459	Roland Robson	V55 7	Middleton H AC	44:03	15	213 John Stephenson	V55 15	Glossopdale Harriers	50:25
8	28	David Chrystielowe	V55 8	Stockport H&ac	44:33	16	804 Jack Carney	V55 16	Salford Met AC	50:52
						17	225 Steve Ingham	V55 17	Manchester Ymca H	53:41

### Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	265	Stanley Owen	V60 1	Salford H&ac	38:57	11	865 Bob Benson	V60 11	West Cheshire AC	48:34
2	75	Tony Archer	V60 2	Vale Royal AC	40:33	12	448 Alan Garvey	V60 12	Middleton H AC	48:42
3	569	Bill Fox	V60 3	Sale H Manchester	43:00	13	608 Jerry Smith	V60 13	Sale H Manchester	49:01
4	312	Peter Pickwell	V60 4	Altrincham & Dist AC	43:12	14	607 Martin Smedley	V60 14	Sale H Manchester	50:30
5	646	Dave Burke	V60 5	Swinton RC	43:18	15	271 Thomas Temple	V60 15	Salford H&ac	50:44
6	695	Peter Weatherhead	V60 6	Wirral AC	44:07	16	118 Patrick Grannan	V60 16	Wilmslow RC	50:46
7	565	Nigel Fielden	V60 7	Sale H Manchester	44:43	17	176 Barry Guy	V60 17	Belle Vue Racers	52:15
8	229	Jon Paramor	V60 8	Manchester Ymca H	47:16	18	795 Alan Thomas	V60 18	Salford Met AC	57:55
9	864	Richard Batterham	V60 9	West Cheshire AC	47:40	19	2034 \$Vincent Townley	V60 19	Unattached	1:01:25
10	80	John Clarke	V60 10	Vale Royal AC	47:47					

### Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	66	Robert Taylor	V65 1	Stockport H&ac	42:42
2	5	Michael Cunningham	V65 2	Manchester H&ac	46:44
3	216	David Ashton	V65 3	Manchester Ymca H	47:58
4	236	Roland Bowness	V65 4	Salford H&ac	48:28
5	211	Neville McGraw	V65 5	Glossopdale Harriers	49:05
6	244	Tom Daniels	V65 6	Salford H&ac	51:02
7	446	Barry Fairbrother	V65 7	Middleton H AC	54:14
8	531	David Hancock	V65 8	Macclesfield H&ac	54:51
9	451	Bob Horrocks	V65 9	Middleton H AC	1:00:46

### Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	91	Colin Rathbone	V70 1	Vale Royal AC	50:29
2	112	Trevor Faulkner	V70 2	Wilmslow RC	58:31

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 8th November 2014

### Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time				
1	780	Charlie Hulson		Sale H Manchester	31:18	85	260 Billy McCartney	Salford H&ac	38:01
2	778	Gavin Hill		Sale H Manchester	31:43	86	790 Jayant Nain	University Of Manchester Ccc	38:03
3	2020	\$Bertie Houghton	U20 1	Doncaster Ac	32:03	87	568 Kevin Foster	Sale H Manchester	38:03
4	309	David Norman		Altrincham & Dist AC	32:08	88	514 Barry Hirst	V50 4 E Cheshire H & Tameside AC	38:03
5	869	Zekeriyas Abery		Liverpool H&ac	32:27	89	861 Jon Harrison	University Of Manchester Ccc	38:10
6	858	Dan Jarvis	U20 2	Liverpool H&ac	32:33	90	23 Paul Brooks	Stockport H&ac	38:14
7	904	\$Cameron Field	U20 3	Liverpool Harriers	32:37	91	844 Matt Hulse	U20 15 Vale Royal AC	38:15
8	510	Patrick Gardiner		E Cheshire H & Tameside AC	32:53	92	903 Paul Hawkins	Wilmslow RC	38:17
9	820	Andy Nixon		Stockport H&ac	33:00	93	143 Andy Whittingham	V45 7 Wilmslow RC	38:20
10	548	James Bailey		Sale H Manchester	33:17	94	603 Gary Rowlinson	V50 5 Sale H Manchester	38:27
11	848	Richard Burney		Liverpool H&ac	33:17	95	482 Mike Hutchinson	V45 8 Trafford AC	38:28
12	849	Ricky Challinor		Liverpool H&ac	33:22	96	128 Allan McCormick	Wilmslow RC	38:29
13	868	Sam Whitehead	U20 4	Vale Royal AC	33:25	97	629 John Greenall	V50 6 St Helens Sutton AC	38:37
14	81	Stuart Doyle	V40 1	Vale Royal AC	33:26	98	585 Rupert Liddington	Sale H Manchester	38:38
15	853	James McNally		Liverpool H&ac	33:45	99	287 Michael Berks	Altrincham & Dist AC	38:40
16	416	Alex Lawton		Manchester Triathlon	33:52	100	32 Steven Crook	Stockport H&ac	38:41
17	587	Nigel Martin		Sale H Manchester	33:55	101	247 Charles Foster	V40 11 Salford H&ac	38:42
18	785	James Wignll		Sale H Manchester	34:00	102	222 Mark Griffiths	Manchester Ymca H	38:43
19	471	Tom Charles		Trafford AC	34:07	103	313 Roger Preece	V50 7 Altrincham & Dist AC	38:44
20	61	James Scottbuccleuch		Stockport H&ac	34:12	104	36 Kevan Garner	V45 9 Stockport H&ac	38:45
21	2031	\$Liam Burthem	U20 5	Unattached	34:22	105	144 Rob Wilson	V45 10 Wilmslow RC	38:46
22	851	Ben Martin		Liverpool H&ac	34:32	106	895 Rob Cushion	Liverpool H&ac	38:48
23	617	Ian Wetherall	V45 1	Sale H Manchester	34:47	107	532 Robert Hasler	Macclesfield H&ac	38:49
24	630	Tom Griffiths		St Helens Sutton AC	34:56	108	519 Gary Matthews	V50 8 E Cheshire H & Tameside AC	38:53
25	792	Adam Sciacca	U20 6	University Of Manchester Ccc	34:57	109	70 Matt Townley	V40 12 Stockport H&ac	38:55
26	139	Peter Speake		Wilmslow RC	35:02	110	418 Stewart Moore	Manchester Triathlon	38:56
27	256	Bruno Lima		Salford H&ac	35:09	111	265 Stanley Owen	V60 1 Salford H&ac	38:57
28	888	Lee Siemaszko		Liverpool H&ac	35:16	112	562 Elton Davies	V40 13 Sale H Manchester	39:03
29	661	Mark Russell	V45 2	Swinton RC	35:20	113	644 Dan Bird	Swinton RC	39:05
30	589	Stephen McCarron		Sale H Manchester	35:29	114	486 Paul Mannion	V50 9 Trafford AC	39:07
31	285	Colin Bannothornton	V40 2	Altrincham & Dist AC	35:31	115	639 Andrew Wilson	V40 14 St Helens Sutton AC	39:08
32	426	Paul Savage		Manchester Triathlon	35:32	116	850 Luke Jockins	Liverpool H&ac	39:10
33	243	Jon Dance		Salford H&ac	35:34	117	316 Steve Renny	V45 11 Altrincham & Dist AC	39:10
34	111	Rob Downs	V50 1	Wilmslow RC	35:38	118	129 Tom McGaff	V55 1 Wilmslow RC	39:15
35	823	Adam Simms		Altrincham & Dist AC	35:47	119	901 Matthew Hughes	Liverpool H&ac	39:16
36	499	David Alexander	V45 3	West Cheshire AC	35:48	120	547 Mike Ashby	Sale H Manchester	39:19
37	902	Jonathon Mullen	U20 7	Liverpool H&ac	35:52	121	509 Ian Fraser	V45 12 E Cheshire H & Tameside AC	39:21
38	563	Chris Donnelly		Sale H Manchester	36:08	122	121 Mike Hill	V45 13 Wilmslow RC	39:23
39	791	Josh Nevin	U20 8	University Of Manchester Ccc	36:10	123	769 Darren Cottier	V40 15 Vale Royal AC	39:24
40	554	Matthew Beacock	U20 9	Sale H Manchester	36:12	124	220 David Garner	V50 10 Manchester Ymca H	39:35
41	586	David Marsh		Sale H Manchester	36:13	125	24 Phil Burns	Stockport H&ac	39:36
42	641	Simon Atkin		Swinton RC	36:14	126	866 Andrew Clague	V45 14 West Cheshire AC	39:38
43	258	Dave Lockett	V45 4	Salford H&ac	36:16	127	900 Alex Mason	Vale Royal AC	39:39
44	2018	\$Alexis Valtat		Athletic Coeur De Fond	36:25	128	2032 \$Ben Wolfarth	Unattached	39:39
45	524	Aaron Schofield		E Cheshire H & Tameside AC	36:27	129	380 Andy Adkin	Manchester Triathlon	39:41
46	6	Ed Fazakerley	V45 5	Manchester H&ac	36:33	130	136 Stuart Parrott	V50 11 Wilmslow RC	39:41
47	113	Malcolm Fowler	V50 2	Wilmslow RC	36:40	131	282 Paul Abraham	V40 16 Altrincham & Dist AC	39:44
48	102	Barry Archbold	V40 3	Wilmslow RC	36:43	132	649 Steve Doxey	V50 12 Swinton RC	39:50
49	98	Patrick Stradling	U20 10	Vale Royal AC	36:44	133	687 Mark Hadland	V40 17 Warrington Tri Club	39:55
50	492	Darren Russell		Trafford AC	36:47	134	237 Richard Brook	Salford H&ac	39:55
51	814	Chris Fance	U20 11	Warrington AC	36:49	135	164 Michael Hodgkinson	Abc Runners	39:57
52	332	Richard McGeachie	U20 12	Halton & Frodsham	36:51	136	428 Paul Schofield	V45 15 Manchester Triathlon	39:57
53	606	Phil Scowcroft		Sale H Manchester	36:54	137	626 Ian Costello	V40 18 St Helens Sutton AC	40:00
54	456	Ryan Lindsay		Middleton H AC	36:56	138	706 Jonathon Bell	Chorlton Runners	40:07
55	233	Tommi Baker		Salford H&ac	36:57	139	92 Craig Sephton	V40 19 Vale Royal AC	40:11
56	668	Mark Whittington	V40 4	Swinton RC	36:58	140	600 Aiden Rafferty	V55 2 Sale H Manchester	40:15
57	87	Danny Morrison	U20 13	Vale Royal AC	36:59	141	893 Gary Lyons	Sale H Manchester	40:15
58	325	Mark Offord		Dragons Rc (sale)	37:02	142	145 Paul Connolly	Salford Met AC	40:16
59	852	Lee Midghall	V40 5	Liverpool H&ac	37:06	143	53 Paul Nutter	V40 20 Stockport H&ac	40:18
60	544	Scott Wilson		Macclesfield H&ac	37:07	144	413 Tony Jolly	V40 21 Manchester Triathlon	40:20
61	477	Timothy Fletcher		Trafford AC	37:11	145	160 Robert Chesters	Abc Runners	40:21
62	470	Dick Byers	V50 3	Trafford AC	37:16	146	717 Thomas Jones	Chorlton Runners	40:28
63	257	John Lloyd		Salford H&ac	37:16	147	891 Tom Armstrong	Vale Royal AC	40:29
64	302	Matthew Kelly		Altrincham & Dist AC	37:20	148	431 Murray Taylor	Manchester Triathlon	40:29
65	614	James Walsh		Sale H Manchester	37:24	149	328 Robert Wadsworth	Dragons Rc (sale)	40:30
66	466	Peter Bains		Trafford AC	37:25	150	42 David Hulley	Stockport H&ac	40:30
67	472	Richard Clancy		Trafford AC	37:26	151	433 Roger Thomas	V40 22 Manchester Triathlon	40:30
68	370	James Moles	V40 6	Manchester Fronrunners	37:26	152	897 Alexander Thomas	Salford H&ac	40:31
69	137	Jim Pendrill	V40 7	Wilmslow RC	37:27	153	75 Tony Archer	V60 2 Vale Royal AC	40:33
70	659	Dave Parkin		Swinton RC	37:30	154	863 TengJian Hong	University Of Manchester Ccc	40:35
71	89	Rob Olliver		Vale Royal AC	37:32	155	723 Jason McMinn	Chorlton Runners	40:36
72	594	Andrew Mooney		Sale H Manchester	37:37	156	26 Robert Cawley	V50 13 Stockport H&ac	40:37
73	537	James Noakes	V45 6	Macclesfield H&ac	37:40	157	529 Julian Brown	V45 16 Macclesfield H&ac	40:38
74	720	F MacDonaldOulds		Chorlton Runners	37:44	158	333 Simon Atkins	V45 17 Knutsford Tri Club	40:40
75	812	Adrian Nutter	V40 8	Stockport H&ac	37:45	159	663 Kevin Ryan	Swinton RC	40:49
76	218	Richard Brierley		Manchester Ymca H	37:49	160	550 Paul Barrett	Sale H Manchester	40:51
77	30	James Corden	V40 9	Stockport H&ac	37:49	161	886 \$Aston Perrin	Swinton RC	40:52
78	571	Olivier Gaillemin	V40 10	Sale H Manchester	37:50	162	198 Matthew Moran	Bramhall Runners	40:54
79	828	Craig Jones		Manchester Ymca H	37:50	163	62 Steve Shaughnessy	V55 3 Stockport H&ac	41:00
80	880	Josh Walton	U20 14	Stockport H&ac	37:52	164	252 Chris Jones	Salford H&ac	41:03
81	527	Chris Bentley		Macclesfield H&ac	37:53	165	202 John Williams	Bramhall Runners	41:03
82	163	Chris Green		Abc Runners	37:55	166	890 Andrew Oliver	Macclesfield H&ac	41:03
83	645	Chris Brown		Swinton RC	37:56	167	543 Gary Willcock	V50 14 Macclesfield H&ac	41:09
84	872	Steven Anders		St Helens Sutton AC	37:57	168	199 Frank Podd	V40 23 Bramhall Runners	41:10

169 299 Shaun Jackson	V40 24	Altrincham & Dist AC	41:11	260 358 Joe Carne		Manchester Frontrunners	44:48
170 438 Lee Webster	V45 18	Manchester Triathlon	41:13	261 169 Lee Stinch	V40 37	Abc Runners	44:53
171 838 Dan Harbridge		Warrington Tri Club	41:14	262 894 Mike Graney		Swinton RC	44:57
172 227 Chris March		Manchester Ymca H	41:16	263 278 Chris Lang		Winston Runners	45:00
173 412 Tim Johns	V45 19	Manchester Triathlon	41:17	264 767 San Tou		Manchester Triathlon	45:01
174 55 Simon Phillips	V50 15	Stockport H&ac	41:18	2652027\$Peter Hulme	V40 38	Unattached	45:04
175 13 Jonathan Reeh		Manchester H&ac	41:22	266 44 Andrew Mainwaring	V40 39	Stockport H&ac	45:08
176 881 Paul Stevenson	V50 16	Salford Met AC	41:26	2672028\$George Pierce	V45 38	Liverpool Running Club	45:13
177 264 James O'Connor	V45 20	Salford H&ac	41:30	268 898 Dennis Wharton	V55 10	St Helens Sutton AC	45:20
178 611 Francis Sweeney	V50 17	Sale H Manchester	41:30	269 704 Peter Adams	V40 40	Chorlton Runners	45:33
179 884 Sam Mayon	U20 16	Sale H Manchester	41:30	270 367 John Lowe	V40 41	Manchester Frontrunners	45:36
180 818 Scott Bamber	V45 21	Vale Royal AC	41:35	271 632 Peter Johnson	V45 39	St Helens Sutton AC	45:37
1812033\$Chris Pedder	V55 4	Liverpool Pembroke & Sefton H	41:38	272 192 Richard Hall	V45 40	Bramhall Runners	45:38
182 241 Sean Cordell	V45 22	Salford H&ac	41:39	273 633 Chris Levy	V40 42	St Helens Sutton AC	45:42
183 239 Albert Castile	V40 25	Salford H&ac	41:40	274 153 John Smees	V45 41	St Helens Striders	45:44
184 500 Denis Duret	V45 23	West Cheshire AC	41:44	275 158 Gary Birch		Abc Runners	45:45
185 200 Phil Ramsey		Bramhall Runners	41:59	276 761 Paul Clifford	V50 26	Winston Runners	45:47
186 530 Carl Hanaghan		Macclesfield H&ac	42:04	277 296 Pete Hill	V50 27	Altrincham & Dist AC	45:48
187 788 Matthew Hamer		University Of Manchester Ccc	42:10	278 51 Ian Mulligan	V45 42	Stockport H&ac	45:51
188 896 David Armitage	V40 26	Knutsford Tri Club	42:10	279 505 John Bowker	V50 28	E Cheshire H & Tameside AC	45:53
189 545 Eugene Adefe	U20 17	Sale H Manchester	42:12	280 175 Philip D'netto	V45 43	Belle Vue Racers	45:53
190 821 Ryan Terrey	U20 18	E Cheshire H & Tameside AC	42:12	281 152 Scott Robertson		St Helens Striders	46:00
191 1 Lloyd Barlow	V45 24	Manchester H&ac	42:12	282 827 John Hewitt	V50 29	Glossopdale Harriers	46:02
192 82 James Edwards	V55 5	Vale Royal AC	42:17	283 105 Simon Bolton	V50 30	Wilmslow RC	46:08
193 396 Dean Evans		Manchester Triathlon	42:19	284 892 Mark Byrom	V40 43	Stockport H&ac	46:09
194 440 Chris Williams		Manchester Triathlon	42:20	285 439 Simon Wildman	V50 31	Manchester Triathlon	46:10
195 634 Mark Liprot	V50 18	St Helens Sutton AC	42:23	286 667 Ric Waring	V45 44	Swinton RC	46:15
196 46 Graham Marsland	V45 25	Stockport H&ac	42:26	287 461 Paul Taylor	V45 45	Middleton H AC	46:18
197 306 Daniel Martell		Altrincham & Dist AC	42:30	288 155 Craig Abbot		Abc Runners	46:22
198 39 Tim Hargreaves	V55 6	Stockport H&ac	42:30	289 344 David MiddletonEgan		Knutsford Tri Club	46:22
199 27 Simon Chadwick	U20 19	Stockport H&ac	42:31	290 251 Ian Johnson	V55 11	Salford H&ac	46:23
200 127 Phil Matthews		Wilmslow RC	42:32	291 622 Michael Wymer	V40 44	Sale H Manchester	46:28
201 365 Jono Guildford		Manchester Frontrunners	42:33	292 168 Matt Shillabeer	V40 45	Abc Runners	46:31
202 610 Steve Surridge		Sale H Manchester	42:34	293 149 Tony Horsfall	V50 32	St Helens Striders	46:32
203 716 Damien Jones		Chorlton Runners	42:35	294 874 Gary Oldham	V40 46	St Helens Sutton AC	46:33
204 148 Paul Demore	V45 26	St Helens Striders	42:36	295 346 Andrew Orme	V40 47	Knutsford Tri Club	46:40
205 690 Mark Walker	V45 27	Warrington Tri Club	42:40	296 320 Alan Williams	V50 33	Altrincham & Dist AC	46:43
206 66 Robert Taylor	V65 1	Stockport H&ac	42:42	297 5 Michael Cunningham	V65 2	Manchester H&ac	46:44
207 631 Ian Hayburn	V45 28	St Helens Sutton AC	42:48	298 638 Ray Vose	V50 34	St Helens Sutton AC	46:48
208 16 Matt Whitehead	V50 19	Manchester H&ac	42:49	299 190 Steve Fairclough	V45 46	Bramhall Runners	46:50
209 14 Chris Sewart		Manchester H&ac	42:49	300 455 Steve Lewis	V50 35	Middleton H AC	46:57
210 672 James Barringer		University Of Manchester Ccc	42:50	301 835 Gareth Fitzjohn		Manchester H&ac	47:08
211 197 Li Lok	V40 27	Bramhall Runners	42:55	302 361 Amir Dar		Manchester Frontrunners	47:12
212 685 Mike Douglas		Warrington Tri Club	42:58	303 882 Chris Jones	V45 47	Salford Met AC	47:14
213 569 Bill Fox	V60 3	Sale H Manchester	43:00	304 229 Jon Paramor	V60 8	Manchester Ymca H	47:16
214 671 Paul Wilson	V40 28	Swinton RC	43:02	305 801 Dennis Thomas	V40 48	E Cheshire H & Tameside AC	47:19
215 231 Daniel Bolton	U20 20	Ribble Valley AC	43:03	306 146 Stuart Mairs		Salford Met AC	47:20
216 3 Jason Brogan	V40 29	Manchester H&ac	43:03	307 378 Stephen Weigh		Manchester Frontrunners	47:27
217 597 Steve Parry	V50 20	Sale H Manchester	43:05	308 669 Mike Wilkinson		Swinton RC	47:30
218 555 Simon Bond	V40 30	Sale H Manchester	43:07	309 665 Jon Sides	V45 48	Swinton RC	47:31
219 359 David Chambers		Manchester Frontrunners	43:07	310 191 James Hall		Bramhall Runners	47:33
220 732 Neal Wainwright		Chorlton Runners	43:11	311 444 Paul Collinge	V55 12	Middleton H AC	47:33
221 312 Peter Pickwell	V60 4	Altrincham & Dist AC	43:12	312 657 Jon Mellor	V40 49	Swinton RC	47:37
222 625 Greg Cams	V45 29	St Helens Sutton AC	43:13	313 864 Richard Batterham	V60 9	West Cheshire AC	47:40
223 194 Mike Hodson	V40 31	Bramhall Runners	43:14	314 831 Paul Harbridge	V50 36	Warrington Tri Club	47:41
224 839 Simon Granger	V40 32	Manchester Triathlon	43:16	315 355 Graham Bateson	V45 49	Manchester Frontrunners	47:44
225 646 Dave Burke	V60 5	Swinton RC	43:18	316 80 John Clarke	V60 10	Vale Royal AC	47:47
226 883 Anthony Atkinson	V45 30	Vale Royal AC	43:22	317 876 Nick Jones		Chorlton Runners	47:50
227 384 Lee Benson	V50 21	Manchester Triathlon	43:27	318 216 David Ashton	V65 3	Manchester Ymca H	47:58
228 31 Paul Corner	V40 33	Stockport H&ac	43:28	319 730 Jacob Smiles		Chorlton Runners	47:58
229 338 John Goggins		Knutsford Tri Club	43:32	320 445 Jason Cunningham		Middleton H AC	47:59
230 682 Dan Pettitt	U20 21	University Of Manchester Ccc	43:39	321 762 Tony Southworth	V50 37	Winston Runners	47:59
231 483 Ben Langley		Trafford AC	43:40	322 885 Robert GinderPoulson	V45 50	Manchester H&ac	48:02
232 467 Robin Beaumont	V45 31	Trafford AC	43:47	323 766 Gary Spriggs	V40 50	St Helens Striders	48:03
233 846 Andy Schofield	V40 34	Hyde Village Striders	43:50	324 463 Tony Walsh	V50 38	Middleton H AC	48:09
234 315 Tim Raffie	V50 22	Altrincham & Dist AC	43:53	325 425 David Rees		Manchester Triathlon	48:10
235 713 Justin Hayes	V45 32	Chorlton Runners	43:55	326 542 Mark Wheelton	V55 13	Macclesfield H&ac	48:10
236 879 Naz Zameer	V45 33	Chorlton Runners	43:55	327 188 Mark Corcoran	V45 51	Bramhall Runners	48:16
237 280 Paul Muldoon		Winston Runners	43:55	328 154 Gary Ward		St Helens Striders	48:20
238 56 Paul Plummer	V40 35	Stockport H&ac	43:59	329 327 Simon Skeltenberry	V40 51	Dragons Rc (sale)	48:27
239 501 James Jones	V45 34	West Cheshire AC	44:02	330 236 Roland Bowness	V65 4	Salford H&ac	48:28
240 459 Roland Robson	V55 7	Middleton H AC	44:03	331 363 James Fox		Manchester Frontrunners	48:33
241 695 Peter Weatherhead	V60 6	Wirral AC	44:07	332 865 Bob Benson	V60 11	West Cheshire AC	48:34
242 226 Rob Kedian		Manchester Ymca H	44:07	333 448 Alan Garvey	V60 12	Middleton H AC	48:42
243 181 Andrew Taylor		Belle Vue Racers	44:10	334 460 Craig Sutherland	V55 14	Middleton H AC	48:44
244 221 Eddie Gilligan	V50 23	Manchester Ymca H	44:10	335 379 Dan Whittaker	V40 52	Manchester Frontrunners	48:46
245 870 Chris Reid	V50 24	St Helens Striders	44:13	336 101 Robert Tipping	V45 52	Vale Royal AC	48:52
246 739 Dominic Sexton	V45 35	Hyde Village Striders	44:16	337 771 Andrew Burnett	V45 53	Glossopdale Harriers	48:54
247 366 Steve Hatton		Manchester Frontrunners	44:21	338 608 Jerry Smith	V60 13	Sale H Manchester	49:01
248 887 John Ridyard	U20 22	Trafford AC	44:24	339 279 Paul Lockett		Winston Runners	49:02
249 899 Steve Dempsey	V50 25	Wilmslow RC	44:31	340 73 Jeremy Woodham	V40 53	Stockport H&ac	49:03
250 28 David Christielowe	V55 8	Stockport H&ac	44:33	341 410 Tim Jacomb	V40 54	Manchester Triathlon	49:04
251 688 Steve Howard	V45 36	Warrington Tri Club	44:34	342 211 Neville McGraw	V65 5	Glossopdale Harriers	49:05
252 97 Iain Stanton		Vale Royal AC	44:37	343 809 Clive Smith	V45 54	Glossopdale Harriers	49:08
253 201 John Williams		Bramhall Runners	44:37	344 369 Jordan Millar		Manchester Frontrunners	49:14
254 186 Adam Bird		Bramhall Runners	44:37	345 506 Lee Buckley		E Cheshire H & Tameside AC	49:15
255 434 Franck Turmeljosek	V40 36	Manchester Triathlon	44:41	346 652 Dave Halliday		Swinton RC	49:20
256 565 Nigel Fielden	V60 7	Sale H Manchester	44:43	347 174 James Corrigan		Belle Vue Racers	49:25
257 558 Craig Bradbury		Sale H Manchester	44:43	348 195 Steve Hughes	V50 39	Bramhall Runners	49:35
258 310 Craig Partridge	V45 37	Altrincham & Dist AC	44:47	349 889\$lan Taylor	V50 40	Salford Met AC	49:43
259 803 Mike Race	V55 9	Salford Met AC	44:48	350 518 Martin Lewis	V45 55	E Cheshire H & Tameside AC	49:59

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351 172 Greg Barber	Belle Vue Racers	50:13	371 17 Dave Wood	V50 43 Manchester H&ac	53:13
352 48 Steve Matkin	V50 41 Stockport H&ac	50:15	372 697 David Rowe	V50 44 Liverpool H&ac	53:39
353 698 Ian Wood	V45 56 Liverpool H&ac	50:20	373 225 Steve Ingham	V55 17 Manchester Ymca H	53:41
354 642 Dave Batty	V50 42 Swinton RC	50:20	374 446 Barry Fairbrother	V65 7 Middleton H AC	54:14
355 213 John Stephenson	V55 15 Glossopdale Harriers	50:25	375 531 David Hancock	V65 8 Macclesfield H&ac	54:51
356 91 Colin Rathbone	V70 1 Vale Royal AC	50:29	376 721 Thomas Marler	Chorlton Runners	55:03
357 607 Martin Smedley	V60 14 Sale H Manchester	50:30	377 405 Bryan Hopwood	V45 60 Manchester Triathlon	56:00
358 230 Steve Symons	V45 57 Manchester Ymca H	50:33	378 360 Timothy Crump	Manchester Frontrunners	56:19
359 271 Thomas Temple	V60 15 Salford H&ac	50:44	379 670 David Williamson	V45 61 Swinton RC	56:45
360 11 Denis Kelly	V45 58 Manchester H&ac	50:45	380 666 Andy Smith	Swinton RC	57:19
361 118 Patrick Grinnan	V60 16 Wilmslow RC	50:46	381 795 Alan Thomas	V60 18 Salford Met AC	57:55
362 804 Jack Carney	V55 16 Salford Met AC	50:52	382 112 Trevor Faulkner	V70 2 Wilmslow RC	58:31
363 710 Mark Donnelly	Chorlton Runners	50:52	383 763 Matthew Ward	V40 59 Winstan Runners	58:58
364 770 Simon Finch	V40 55 Swinton RC	50:52	384 2030\$Colin Seymour	V50 45 Unattached	59:24
365 244 Tom Daniels	V65 6 Salford H&ac	51:02	385 719 Richard Leeming	V45 62 Chorlton Runners	59:54
366 813 Nicholas Roberts	V45 59 Stockport H&ac	51:49	386 451 Bob Horrocks	V65 9 Middleton H AC	1:00:46
367 176 Barry Guy	V60 17 Belle Vue Racers	52:15	387 725 Dave Murray	Chorlton Runners	1:01:08
368 390 Mark Coley	V40 56 Manchester Triathlon	52:30	388 2034\$Vincent Townley	V60 19 Unattached	1:01:25
369 161 Mark Derbyshire	V40 57 Abc Runners	52:46	389 377 Henry Walker	V40 60 Manchester Frontrunners	1:01:40
370 845 Mike Cronin	V40 58 Manchester H&ac	52:55	390 847 Chris Sagar	V45 63 Hyde Village Striders	1:07:34

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Liverpool H&ac	60 — 4 ZekaiyasAbery	5 DanJavis	9 RichardBuney	10 RickyChallinor	13 JamesMcNally	19 BenMartin
2 SaleHManchester	62 — 1 CharlieHulson	2 GavinHill	8 JamesBailey	15 NigelMartin	16 JamesWignill	20 IanWetherall
3 SaleHManchester 'B'	247 — 27 StephenMcCaron	35 ChrisDonnelly	37 MatthewBeacock	38 DavidMarsh	49 PhilScowcroft	61 JamesWalsh
4 ValeRoyalAC	275 — 11 SamWhitehead	12 StuartDoyle	45 PatrickStradling	53 DannyMorrison	67 RobOliver	87 MattHulse
5 SalfordH&ac	285 — 24 BrunoLima	30 JonDance	40 DaveLockett	51 TommiBaker	59 JohnLloyd	81 BillyMcCartney
6 WilmslowRC	294 — 23 PeterSpeake	31 RobDowns	43 MalcolmFowler	44 BarryArchbold	66 JimPendrell	88 PaulHawkins
7 TraffordAC	303 — 17 TomCharles	46 DarrenRussell	57 TimothyFletcher	58 DickByers	62 PeterBains	63 RichardClancy
8 Altrincham&DistAC	317 — 3 DavidNorman	28 ColinBannothornon	32 AdamSimms	60 MatthewKelly	95 MichaelBarks	99 RogerPreece
9 StockportH&ac	331 — 7 AndyNixon	18 JamesScottbuckeuch	71 AdrianNutter	73 JamesCorden	76 JoshWalton	86 PaulBrooks
10 SwintonRC	371 — 26 MarkRussell	39 SimonAtkin	52 MarkWhittington	66 DaveParkin	79 ChrisBrown	109 DanBird
11 Liverpool H&ac 'B'	443 — 25 LeeSiemaszko	34 JonathonMullen	55 LeeMidghall	102 RobCushion	112 LukeJenkins	115 MatthewHughes
12 SaleHManchester 'C'	517 — 68 AndrewMooney	74 OlivierGallemin	83 KevinFoster	90 GaryRowinson	94 RupertLiddington	108 EltonDavies
13 ECheshireH&TamesideAC	535 — 6 PatrickGardiner	41 AaronSchofield	84 BarryHirst	104 GaryMathews	117 IanFraser	183 RyanTerry
14 ManchesterTriathlon	543 — 14 AlexLawton	29 PaulSavage	106 StewartMoore	124 AndyAckin	131 PaulSchofield	139 TonyJoly
15 UniversityOfManchesterCoc	554 — 22 AdamSciocca	36 JoshNevin	82 JayantNain	85 JonHarrison	149 TengJianHong	180 MatthewHamer
16 MacclesfieldH&ac	617 — 56 ScottWilson	69 JamesNoakes	77 ChrisBenley	103 RobertHasler	152 JulianBrown	160 AndrewOliver
17 StHelensSuttonAC	625 — 21 TomGriffiths	80 StevenAnders	93 JohnGreenall	111 AndrewWilson	132 IanCostello	188 MarkLiptrot
18 Wilmslow RC 'B'	639 — 89 AndyWhittingham	92 AlanMcCormick	101 RobWilson	114 TomMcGaff	118 MikeHill	125 StuartParrott
19 StockportH&ac 'B'	705 — 96 StevenCrook	100 KevanGamer	105 MattTownley	121 PhilBurns	138 PaulNutter	145 DanHulley
20 ManchesterYmcaH	766 — 72 RichardBrierley	75 CraigJones	98 MarkGriffiths	98 MarkGamer	166 ChrisMarch	235 RobKedean
21 SalfordH&ac 'B'	809 — 97 CharlesFoster	107 StanleyOwen	129 RichardBrook	147 AlexanderThomas	158 ChrisJones	171 JamesO'Connor
22 Vale Royal AC 'B'	840 — 119 DarrenCotter	123 AlexMason	134 CraigSeptilon	142 TomArmstrong	148 TonyArcher	174 ScottBamber
23 SaleHManchester 'D'	887 — 116 MikeAshby	135 AidenRafferty	136 GayLyons	155 PaulBarrett	172 FrancisSweeney	173 SamMayon
24 ChorltonRunners	903 — 70 FMacDonabOutds	133 JonathonBell	141 ThomasJones	150 JasonMcMinn	196 DamienJones	213 NealWainwright
25 ManchesterTriathlon 'B'	993 — 143 MurrayTaylor	146 RogerThomas	164 LeeWebster	167 TimJohns	186 DeanEvans	187 ChrisWilliams
26 ManchesterH&ac	1007 — 42 EdFazakerley	169 JonathanReeh	184 LloydBarlow	201 MattWhitehead	202 ChrisSewart	239 JasonBrogan
27 Altrincham&DistAC 'B'	1033 — 113 SteveRenny	126 PaulAbraham	163 ShaunJackson	124 DanielMartell	214 PeterPickwell	227 TimRaffle
28 StockportH&ac 'C'	1048 — 151 RobertCawley	157 SteveShaughnessy	168 SimonPhillips	189 GrahamMarstrand	191 TimHargreaves	192 SimonChadwick
29 BramhallRunners	1075 — 156 MatthewMoran	159 JohnWilliams	162 FrankPodd	178 PhilRamsey	204 LiLok	216 MikeHodson
30 AbcRunners	1147 — 78 ChrisGreen	130 MichaelHodgkinson	140 RobertChesters	254 LeeSinch	266 GaryBirch	279 CraigAbbot
31 WestCheshireAC	1191 — 33 DavidAlexander	122 AndrewClague	177 DenisDuret	232 JamesJones	304 RichardBatterham	323 BobBenson
32 ManchesterFrontrunners	1224 — 64 JamesMoles	194 JonoGuldford	212 DavidChambers	240 SteveHutton	253 JoeCame	261 JohnLowe
33 Swinton RC 'B'	1238 — 127 SteveDoxey	154 KevinRyan	207 PaulWilson	218 DaveBurke	255 MikeGraney	277 RicWaring
34 WarringtonTriClub	1245 — 128 MarkHadland	165 DanHarbridge	198 MarkWalker	205 MikeDouglas	244 SteveHoward	305 PaulHarbridge
35 SaleHManchester 'E'	1253 — 182 EugeneAdefe	195 SteveSumridge	206 BillFox	210 SteveParry	211 SimonBond	249 NigelFielden
36 StockportH&ac 'D'	1421 — 199 RobertTaylor	221 PaulComer	231 PaulPlummer	243 DavidChrystelowe	258 AndrewWainwright	269 IanMulligan
37 MiddletonHAC	1465 — 50 RyanLindsay	233 RolandRobson	278 PaulTaylor	291 SteveLewis	302 PaulCollinge	311 JasonCunningham
38 St Helens Sutton AC 'B'	1485 — 200 IanHayburn	215 GregCans	239 DennisWharton	292 PeterJohnson	264 ChrisLevy	285 GaryOldham
39 SalfordMetAC	1502 — 137 PaulConnolly	170 PaulStevenson	252 MikeRace	294 ChrisJones	297 StuartMairs	352 JackCarney
40 ManchesterTriathlon 'C'	1534 — 217 SimonGranger	220 LeeBenson	248 FrankTurmejosek	257 SanTou	276 SimonWildman	316 DavidRees
41 St Helens Striders	1570 — 197 PaulDemore	238 ChrisReid	265 JohnSmee	272 ScottRobertson	284 TonyHorsfall	314 GarySpriggs
42 Vale Royal AC 'C'	1629 — 185 JamesEdwards	219 AnthonyAtkinson	245 IainStanton	307 JohnClarke	327 RobertTipping	346 ColinRathbone
43 SalfordH&ac 'C'	1657 — 176 SeanCordell	176 AlbertCastile	281 IanJohnson	321 RolandBowness	349 ThomasTemple	355 TomDaniels
44 BramhallRunners 'B'	1665 — 246 JohnWilliams	247 AdamBird	263 RichardHall	230 SteveFairdough	301 JamesHall	318 MarkCorcoran
45 ChorltonRunners 'B'	1688 — 228 JustinHayes	229 NazZameer	239 PeterAdams	308 NickJones	310 JacobSmiles	363 MarkDonnelly
46 WinstanRunners	1768 — 230 PaulMuldoon	256 ChrisLang	267 PaulClifford	312 TonySouthworth	330 PaulLockett	373 MatthewWard
47 ManchesterFrontrunners 'B'	1880 — 293 AmirDar	238 StephenWeigh	306 GrahamBaieson	322 JamesFox	326 DanWhitaker	335 JordanVillar
48 Swinton RC 'C'	1937 — 299 MikeWilkinson	300 JonSides	303 JonMellor	337 DaveHalliday	344 DaveBatty	354 SimonFinch
49 ManchesterH&ac 'B'	1964 — 288 MichaelCunningham	292 GarethFitzjohn	313 RobertGinderPoulson	350 DenisKelly	360 MikeCronin	361 DaveWood

## Senior Men aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Vale Royal AC	19 — 2 Sam Whitehead	7 Patrick Stradling	10 Danny Morrison
2 University Of Manchester Ccc	26 — 3 Adam Sciacca	5 Josh Nevin	18 Dan Pettitt
3 Sale H Manchester	33 — 6 Matthew Beacock	13 Sam Mayon	14 Eugene Adefe

## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow RC	39 — 5 Rob Downs	9 Malcolm Fowler	10 Barry Archbold	15 Jim Pendrill
2 Sale H Manchester	75 — 2 Ian Wetherall	19 Olivier Gaillemain	22 Gary Rowlinson	32 Elton Davies
3 Stockport H&ac	92 — 17 Adrian Nutter	18 James Corden	27 Kevan Garner	30 Matt Townley
4 Altrincham & Dist AC	108 — 4 Colin Bannothornton	26 Roger Preece	35 Steve Renny	43 Paul Abraham
5 Wilmslow RC 'B'	123 — 21 Andy Whittingham	28 Rob Wilson	36 Tom McGaff	38 Mike Hill
6 Salford H&ac	128 — 7 Dave Lockett	25 Charles Foster	31 Stanley Owen	65 James O'Connor
7 Vale Royal AC	141 — 1 Stuart Doyle	39 Darren Cottier	48 Craig Sephton	53 Tony Archer
8 Swinton RC	142 — 3 Mark Russell	11 Mark Whittington	44 Steve Doxey	84 Paul Wilson
9 Trafford AC	165 — 13 Dick Byers	23 Mike Hutchinson	33 Paul Mannion	96 Robin Beaumont
10 St Helens Sutton AC	179 — 24 John Greenall	34 Andrew Wilson	47 Ian Costello	74 Mark Liptrot
11 Manchester Triathlon	210 — 46 Paul Schofield	51 Tony Jolly	52 Roger Thomas	61 Lee Webster
12 E Cheshire H & Tameside AC	213 — 20 Barry Hirst	29 Gary Matthews	37 Ian Fraser	127 John Bowker
13 West Cheshire AC	219 — 6 David Alexander	41 Andrew Clague	70 Denis Duret	102 James Jones
14 Stockport H&ac 'B'	224 — 50 Paul Nutter	54 Robert Cawley	57 Steve Shaughnessy	63 Simon Phillips
15 Manchester H&ac	246 — 8 Ed Fazakerley	72 Lloyd Barlow	81 Matt Whitehead	85 Jason Brogan
16 Sale H Manchester 'B'	284 — 49 Aiden Raftery	66 Francis Sweeney	83 Bill Fox	86 Steve Parry
17 Macclesfield H&ac	290 — 16 James Noakes	55 Julian Brown	58 Gary Willcock	161 Mark Wheelton
18 Stockport H&ac 'C'	325 — 75 Graham Marsland	76 Tim Hargreaves	79 Robert Taylor	95 Paul Corner
19 Bramhall Runners	352 — 59 Frank Podd	82 Li Lok	90 Mike Hodson	121 Richard Hall
20 Manchester Triathlon 'B'	358 — 62 Tim Johns	91 Simon Granger	94 Lee Benson	111 Franck Turmeljosek
21 Altrincham & Dist AC 'B'	359 — 60 Shaun Jackson	88 Peter Pickwell	98 Tim Raffle	113 Craig Partridge
22 Warrington Tri Club	386 — 45 Mark Hadland	78 Mark Walker	110 Steve Howard	153 Paul Harbridge
23 Vale Royal AC 'B'	388 — 67 Scott Bamber	73 James Edwards	93 Anthony Atkinson	155 John Clarke
24 St Helens Sutton AC 'B'	406 — 80 Ian Hayburn	89 Greg Carns	117 Dennis Wharton	120 Peter Johnson
25 Salford H&ac 'B'	436 — 68 Sean Cordell	69 Albert Castile	135 Ian Johnson	164 Roland Bowness
26 St Helens Striders	444 — 77 Paul Demore	106 Chris Reid	123 John Smee	138 Tony Horsfall
27 Manchester Ymca H	448 — 40 David Garner	105 Eddie Gilligan	147 Jon Paramor	156 David Ashton
28 Stockport H&ac 'D'	452 — 101 Paul Plummer	109 David Chrystielowe	116 Andrew Mainwaring	126 Ian Mulligan
29 Manchester Frontrunners	455 — 14 James Moles	119 John Lowe	154 Graham Bateson	168 Dan Whittaker
30 Wilmslow RC 'C'	467 — 42 Stuart Parrott	108 Steve Dempsey	130 Simon Bolton	187 Patrick Grannan
31 Sale H Manchester 'C'	506 — 87 Simon Bond	112 Nigel Fielden	136 Michael Wymmer	171 Jerry Smith
32 Salford Met AC	512 — 64 Paul Stevenson	114 Mike Race	146 Chris Jones	188 Jack Carney
33 Chorlton Runners	523 — 99 Justin Hayes	100 Naz Zameer	118 Peter Adams	206 Richard Leeming
34 Swinton RC 'B'	525 — 92 Dave Burke	133 Ric Waring	149 Jon Sides	151 Jon Mellor
35 Middleton H AC	532 — 103 Roland Robson	134 Paul Taylor	145 Steve Lewis	150 Paul Collinge
36 Glossopdale Harriers	648 — 129 John Hewitt	170 Andrew Burnett	174 Neville McGraw	175 Clive Smith
37 Stockport H&ac 'E'	672 — 131 Mark Byrom	172 Jeremy Woodham	178 Steve Matkin	191 Nicholas Roberts
38 Manchester H&ac 'B'	681 — 142 Michael Cunningham	158 Robert Ginder Poulson	186 Denis Kelly	195 Mike Cronin
39 Middleton H AC 'B'	692 — 160 Tony Walsh	166 Alan Garvey	167 Craig Sutherland	199 Barry Fairbrother
40 Manchester Triathlon 'C'	699 — 132 Simon Wildman	173 Tim Jacomb	193 Mark Coley	201 Bryan Hopwood