



47th University of Manchester Cross Country Relays (3.010 km)

Men's/Mixed Team Results, October 5th 2013

| Team Name | Team No. | Position | 1st leg name | 1st leg split | Total Time | 2nd leg name | 2nd leg split | Total Time | 3rd leg name | 3rd leg split | Total Time | 4th leg name | 4th leg split | Total Time | 5th leg name | 5th leg split | Total Time | 6th leg name | 6th leg split | Total Time |
|---|----------|------------|-----------------------------|---------------|------------|-------------------|---------------|------------|---------------------|---------------|------------|-------------------|---------------|------------|---------------------|---------------|------------|------------------|---------------|------------|
| BUAC | 191 | 1 | Guillaume Adam | 8.48 | 8.48 | Lloyd Heckler | 9.02 | 17.5 | Liam Roberts | 9.19 | 27.09 | Johnny Davies | 8.29 | 35.38 | Toby Smith | 8.59 | 44.37 | Ryan Moore | 8.54 | 53.31 |
| Trafford Athletic Club A | 124 | 2 | David Horniman | 8.55 | 8.55 | Danny Lawton | 9.07 | 18.02 | Zak Miller | 8.5 | 26.52 | Richard Powell | 9.08 | 36 | Jack Donnelly | 9.53 | 45.53 | Nikita Katende | 9.56 | 55.49 |
| Leeds MET A | 198 | 3 | Jack Norman | 9.04 | 9.04 | Matthew Greive | 9.13 | 18.17 | Josh Rowe | 9.24 | 27.41 | Jonny Jhonson | 9.33 | 37.14 | Harry Foster | 9.23 | 46.37 | Thomas Walker | 9.18 | 55.55 |
| University of Leeds Athletic & XC Club A | 182 | 4 | Richard Powell | 8.43 | 8.43 | Chris Smith | 9.34 | 18.17 | Callum Greenwood | 9.42 | 27.59 | Alastair Weymouth | 9.13 | 37.12 | Finn Brodie | 10.01 | 47.13 | Linton Taylor | 9.2 | 56.33 |
| University of Liverpool A | 177 | 5 | Ben Russell | 9.06 | 9.06 | Matt Bond | 9.39 | 18.45 | Harry Harper | 9.2 | 28.05 | Matt Drury | 9.35 | 37.4 | Sion Wynne Williams | 9.51 | 47.31 | Ash Chambers | 9.08 | 56.39 |
| Alehouse A | 175 | 6 | Joe Vis | 9.07 | 9.07 | Tom Holden | 9.36 | 18.43 | Gareth Turner | 9.33 | 28.16 | Rob Sloane | 9.47 | 38.03 | Dave Norman | 9.34 | 47.37 | Harry Harper | 9.22 | 56.59 |
| Team 33 | 201 | 7 | Dave Norman | 9.09 | 9.09 | Henry Valentine | 9.41 | 18.5 | Dave Norman | 9.37 | 28.27 | Ben Riddell | 9.17 | 37.44 | Henry Valentine | 9.49 | 47.33 | Ben Riddell | 9.42 | 57.15 |
| Dixies | 195 | 8 | Toby Smith | 8.59 | 8.59 | Ed Shepherd | 8.54 | 17.53 | Ben Waterman | 9.38 | 27.31 | Guillaume Adam | 9.34 | 37.05 | Liam Moore | 9.31 | 46.36 | Andrew Kaighin | 11.37 | 58.13 |
| Leeds MET B | 202 | 9 | Chris Woodger | 9.32 | 9.32 | Ryan Moore | 9.42 | 19.14 | Mark Faillaize | 10.1 | 29.24 | Kieran Reay | 9.45 | 39.09 | Jack Norman | 9.48 | 48.57 | Matthew Greive | 9.33 | 58.3 |
| Chick Inn | 193 | 10 | Ryan Moore | 8.52 | 8.52 | Liam Moore | 9.18 | 18.1 | George Gillingwater | 10.11 | 28.21 | Richard Mann | 9.41 | 38.02 | Lloyd Heckler | 9.12 | 47.14 | Dustin Walpert | 11.33 | 58.47 |
| Durham University Athletics and XC Club A | 164 | 11 | Ben Douglas | 8.53 | 8.53 | David Rich | 9.47 | 18.4 | Joe Carlton | 9.53 | 28.33 | Chris McGahan | 9.24 | 37.57 | Michael Cameron | 9.38 | 47.35 | Adam Carnal | 11.13 | 58.48 |
| Salford Harriers and Athletic Club A | 172 | 12 | Ben Riddell | 9.05 | 9.05 | Rob Hughes | 9.23 | 18.28 | Jim O'Connor | 10.31 | 28.59 | Jim Wyatt | 10.14 | 39.13 | Mike Grace | 9.48 | 49.01 | Birkett | 10.07 | 59.08 |
| Edinburgh University Hare & Hounds Running Club A | 187 | 13 | Callum Mason | 9.27 | 9.27 | Ben Stevenson | 9.17 | 18.44 | Nick Pugh | 10.18 | 29.02 | Jack Baker | 10.05 | 39.07 | James Thomas | 10.21 | 49.28 | Scott Stirling | 9.49 | 59.17 |
| University of Nottingham A | 199 | 14 | Tommy | 9.34 | 9.34 | Frazer Pearce | 10.02 | 19.36 | Alex Edwards | 10.47 | 30.23 | Oliver Ivans | 10.11 | 40.34 | Chris Spinks | 9.25 | 49.59 | Jamie White | 9.27 | 59.26 |
| Bristol University Cross Country and Athletics A | 162 | 15 | John Ashcroft | 8.42 | 8.42 | Jonny Pegg | 9.33 | 18.15 | Tom Joy | 10.43 | 28.58 | David Hemmi | 11.42 | 40.4 | Steve Francis | 9.01 | 49.41 | James Thompson | 9.46 | 59.27 |
| University of Manchester A | 204 | 16 | Dan Ansell | 9.52 | 9.52 | Davin Evans | 10.29 | 20.21 | Joe Vis | 9.42 | 30.03 | Jayent Nain | 10.07 | 40.1 | Harry Poole | 9.38 | 49.48 | Adam Sciacca | 9.53 | 59.41 |
| Trafford Athletic Club B | 129 | 17 | Chris Brown | 9.46 | 9.46 | Ryan Babcock | 11.01 | 20.47 | Robert Powell | 10.11 | 30.58 | Dick Byggs | 10.02 | 41 | Don Scott | 10.19 | 51.19 | Zak Miller | 8.56 | 60.15 |
| Sale Harriers Manchester A | 148 | 18 | Dave Marsh | 9.22 | 9.22 | Olivier Gailamin | 10.43 | 20.05 | Ryan More | 10.15 | 30.2 | Don Marsh | 9.36 | 39.56 | Oli Gail | 10.48 | 50.44 | Callum Green | 10 | 60.44 |
| Durham University B | 203 | 19 | Tom Bardsley | 10.16 | 10.16 | Tom Kearns | 10.26 | 20.42 | Hamish Pegg | 10.11 | 30.53 | Ben Douglas | 9.25 | 40.18 | David Rich | 10.38 | 50.56 | Tom Bardsley | 10.34 | 61.3 |
| Rooster House | 192 | 20 | Johnny Davies | 8.29 | 8.29 | Mike Christoforou | 9.1 | 17.39 | Dustin Walpert | 16.16 | 33.55 | Jamie T-C | 9.28 | 43.23 | Laim Roberts | 9.41 | 53.04 | Ed Shephard | 9.1 | 62.14 |
| Lancaster University | 123 | 21 | Phil Robertson | 9.45 | 9.45 | Jack Perry | 10.19 | 20.04 | Andrew Crickmore | 10.22 | 30.26 | Ryan Stevenson | 10.29 | 40.55 | Stewart McLead | 11.36 | 52.31 | Tom Roethenbough | 10.03 | 62.34 |
| University of Liverpool B | 178 | 22 | Tom Goldsmith | 10.36 | 10.36 | Luke Hardy | 10.15 | 20.51 | Ben Russell | 9.39 | 30.3 | Pete Bird | 10.23 | 40.53 | Luke Douglas | 11.16 | 52.09 | Max Park-Davies | 10.41 | 62.5 |
| University of Manchester B | 205 | 23 | George Bilsby | 10.32 | 10.32 | Iwan Smith | 11.57 | 22.29 | Naill McSharry | 9.57 | 32.26 | Oliver Ivans | 10.1 | 42.36 | Martin Campbell | 10.1 | 52.46 | Ben Barthelmess | 10.27 | 63.13 |
| Alehouse B | 176 | 24 | Ben Sutton | 12.09 | 12.09 | Dhrup Yerrakalva | 9.13 | 21.22 | Big Adam | 10.41 | 32.03 | Adam Harris | 10.07 | 42.1 | Tom Holden | 10.02 | 52.12 | Gareth Turner | 11.04 | 63.16 |
| Edinburgh University Hare & Hounds Running Club B | 188 | 25 | Ewan Crawford | 10.31 | 10.31 | Patrick Gillespie | 9.56 | 20.27 | German Moshes | 11.09 | 31.36 | James Bryson | 11.24 | 43 | Jasper Darrington | 10.42 | 53.42 | Calum Murray | 9.55 | 63.37 |
| University of Leeds Athletic & XC Club B | 184 | 26 | Matt Evans | 10.11 | 10.11 | Dan Whittle | 10.41 | 20.52 | Nick Crizzle | 11.44 | 32.36 | Simon Purser | 11.53 | 44.29 | Alastair Weymouth | 9.46 | 54.15 | Richard Powell | 9.23 | 63.38 |
| Alehouse C | 211 | 27 | Dick Byers | 10.05 | 10.05 | Kat Fitzpatrick | 10.38 | 20.43 | Neil Shuttleworth | 11.24 | 32.07 | Kat Fitzpatrick | 10.5 | 42.57 | Rob Sloane | 10.21 | 53.18 | Gareth Turner | 10.25 | 63.43 |
| Lancaster & Morecambe AC | 114 | 28 | Mark Gardner | 9.4 | 9.4 | Allan Gordon | 10.05 | 19.45 | Gareth Woodcock | 11 | 30.45 | David Brown | 10.11 | 40.56 | Lee Calvert | 10.32 | 51.28 | Olivia McDermott | 12.38 | 64.06 |
| University of Manchester C | 206 | 29 | Dowan Kwon | 11.1 | 11.1 | Simon O'Meara | 9.38 | 20.48 | Luke O'Hara | 11.44 | 32.32 | Jon Harrison | 10.01 | 42.33 | James Barringer | 11.13 | 53.46 | Andy Fox | 10.46 | 64.32 |
| University of Nottingham B | 200 | 30 | Dan Taylor | 10.35 | 10.35 | Han Zbili | 11.55 | 22.3 | Jack Poulton | 10.13 | 32.43 | Andy Watt | 9.3 | 42.13 | Tom Welshman | 11.19 | 53.32 | Craig Bell | 11.09 | 64.41 |
| Manchester Harriers & Athletic Club A | 170 | 31 | Jonny Stewart | 10.03 | 10.03 | Matt Graham | 10.14 | 20.17 | Mathew Crimes | 10.25 | 30.42 | Donnacha Maguire | 10.47 | 41.29 | Chris Sewart | 11.54 | 53.23 | Maurice Oldam | 11.36 | 64.59 |
| UCLAN A | 185 | 32 | Shaun Barnsley | 10.12 | 10.12 | Fred Farrell | 11.35 | 21.47 | George Dwyer | 10.47 | 32.34 | Harry Chandler | 12.03 | 44.37 | Michael Smith | 10.28 | 55.05 | Mark Gardener | 10.01 | 65.06 |
| University of Huddersfield Track & Field | 166 | 33 | Josh Elderfield | 10.41 | 10.41 | Ben Naylor | 11.15 | 21.56 | Kieran Manchester | 10.34 | 32.3 | Sam Hudson | 11.37 | 44.07 | Josh Elderfield | 11.06 | 55.13 | Sam Kirk | 11.04 | 66.17 |
| Edinburgh University Hare & Hounds Running Club C | 189 | 34 | Neil Colquhoun | 10.48 | 10.48 | Matthew Ralison | 11.09 | 21.57 | Ethan Dewitt | 11.03 | 33 | Fraser Drummond | 10.56 | 43.56 | Alex Luetchford | 10.46 | 54.42 | Mike Diver | 11.36 | 66.18 |
| UEA Old Guard | 165 | 35 | Glen Watts | 8.49 | 8.49 | Johnny Lee | 10.16 | 19.05 | Ruth McKeeler | 14.13 | 33.18 | Emily Neilan | 14.34 | 47.52 | Glen Watts | 8.51 | 56.43 | Simon O'Meara | 10.22 | 67.05 |
| Sale Harriers Manchester B | 151 | 36 | Dan Boulton | 10.44 | 10.44 | Rob Heggis | 11.38 | 22.22 | Aiden Raftery | 11.38 | 34 | Don Bolton | 10.59 | 44.59 | Rob Hens | 11.51 | 56.5 | Alex Bradford | 10.4 | 67.3 |
| University of Nottingham Mixed | 143 | 37 | Tom Welshanna | 10.33 | 10.33 | Emma English | 13.25 | 23.58 | Jamie White | 9.49 | 33.47 | Maddie Garne | 12.17 | 46.04 | Alex Edwards | 11.49 | 57.53 | Jack Pawlotn | 9.58 | 67.51 |
| MMU harriers | 144 | 38 | Craig Gira | 11.24 | 11.24 | Graeme Overton | 12.5 | 24.14 | Callan Dawson | 12.28 | 36.42 | Amber McGee | 11.1 | 47.52 | Aaron Schofield | 10.25 | 58.17 | Luke McCae | 10.37 | 68.54 |
| The Ice Men | 147 | 39 | Seb O'Shea | 10.13 | 10.13 | Rob Farrington | 12.09 | 22.22 | Zeyad Ahmed | 12.42 | 35.04 | Simon O'Meara | 10.17 | 45.21 | Jo Pitt | 13.13 | 58.34 | Paul Connolly | 10.37 | 69.11 |
| Bury Athletic Club | 130 | 40 | Ben Jones | 10.28 | 10.28 | Roger Morley | 13.21 | 23.49 | Les Smalley | 11.42 | 35.31 | Peter Bates | 12.19 | 47.5 | Mark Johnson | 11.16 | 59.06 | Dave Flood | 10.25 | 69.31 |
| UCLAN B | 186 | 41 | Tom Booth | 10.58 | 10.58 | Tom Richmond | 11.2 | 22.18 | Simon Austin | 13.02 | 35.2 | Alex Grebenar | 11.48 | 47.08 | Christian Brooks | 12.47 | 59.55 | Shaun Barnsley | 10.25 | 70.2 |
| Oxford Brookes Running and Athletic Club A | 167 | 42 | Dan Bieham | 9.44 | 9.44 | George Talbot | 11.05 | 20.49 | Adrian Hines | 11.36 | 32.25 | Tom Bosman | 13.04 | 45.29 | Liam Martin | 12.1 | 57.39 | Alex Saint | 12.59 | 70.38 |
| Bristol University Cross Country and Athletics B | 163 | 43 | Megan Williams | 11.48 | 11.48 | Mark Butler | 12.29 | 24.17 | Verity Morgan | 13.58 | 38.15 | Stephen Campbell | 12.48 | 51.03 | Nikki Wilkinson | 11.08 | 62.11 | John Ashcroft | 9.08 | 71.19 |
| University of Manchester D | 207 | 44 | Luke Ward | 13 | 13 | William Brown | 12.12 | 25.12 | James Nutt | 9.52 | 35.04 | Paul Gledhill | 12.2 | 47.24 | Paul Steadman | 12.47 | 60.11 | Rob Farrington | 11.48 | 71.59 |
| NOBs (Nottingham Old Boys) | 209 | 45 | Michael Le Vell | 10.55 | 10.55 | Ken Barlow | 16.28 | 27.23 | Max Clifford | 11.19 | 38.42 | Scouse Mouse | 11.39 | 50.21 | Colonel Sanders | 10.45 | 61.06 | Mesut Ozil | 11.57 | 73.03 |
| Manchester Harriers & Athletic Club B | 171 | 46 | Jason Brogan | 12.02 | 12.02 | Mike Cunningham | 12.3 | 24.32 | Denis Kelly | 13.57 | 38.29 | Arnold Bradshaw | 12.43 | 51.12 | Thomas Taylor | 10.15 | 61.27 | Richard O'Regan | 12.09 | 73.36 |
| Manchester YMCA Harriers A | 197 | 47 | Phil Pennill | 10.48 | 10.48 | Lee Dunn | 11.22 | 22.1 | Geoff Cottrill | 14.02 | 36.12 | Rob Kedian | 10.53 | 47.05 | Phil Pennill | 11.58 | 59.03 | Lee Dunn | 14.46 | 73.49 |
| University of Manchester E | 208 | 48 | Alex Palmer | 14.09 | 14.09 | Rob Sigmist | 12.06 | 26.15 | Steven Pickles | 13.58 | 40.13 | Davin Evans | 10.46 | 50.59 | Ross Huskisson | 10.43 | 61.42 | Mark McGrath | 13.06 | 74.48 |
| Salford Harriers and Athletic Club B | 173 | 49 | Vin Murphy | 13.26 | 13.26 | Tommy Temple | 13.18 | 26.44 | Tommy Daniels | 13.37 | 40.21 | Rob Hughs | 9.32 | 49.53 | Sean Cordell | 12.1 | 62.03 | Roland Bowness | 13.04 | 75.07 |
| Graphene Cross Country Club | 210 | 50 | Josh Caldwell | 11.32 | 11.32 | Ed Lewis | 10.48 | 22.2 | Artem Mischenko | 13.07 | 35.27 | Roman Gorbachev | 13.27 | 48.54 | Diby Kim | 18.41 | 67.35 | Dan Ansell | 10.03 | 77.38 |
| Smurfin' Good | 169 | 51 | Camilla Kongsted Christense | 17.08 | 17.08 | Ryan Davies | 11.41 | 28.49 | Robin T | 11.56 | 40.45 | Luke Weasley | 13.2 | 54.05 | William Naismith | 13.06 | 67.11 | Tom Wilder | 12.09 | 79.2 |
| Adams Place | 196 | Incomplete | George Gillingwater | 9.39 | 9.39 | Chris Hepworth | 9.36 | 19.15 | Andrew Kaighin | 9.49 | 29.04 | Mike Christodorou | 9.31 | 38.35 | | | | | | |





47th University of Manchester Cross Country Relays (3.010 km)

Women's Team Results, October 5th 2013

| Team Name | Team No. | Position | 1st leg name | 1st leg split | Total Time | 2nd leg name | 2nd leg split | Total Time | 3rd leg name | 3rd leg split | Total Time |
|---|----------|----------|---------------------|---------------|------------|---------------------------|---------------|------------|-------------------------|---------------|------------|
| Cannon Hill Cuties B'ham | 179 | 1 | Becky Straw | 9.4 | 9.4 | Tessa McCormick | 10.02 | 19.42 | Rebecca Murray | 10.05 | 29.47 |
| Grove Park Pioneers B'Ham | 142 | 2 | Lauren Howarth | 9.32 | 9.32 | Maryie Haynes | 10.12 | 19.44 | Ruth Haynes | 11.11 | 30.55 |
| Selly Oak Scruffs B'Ham | 181 | 3 | Ruth Haynes | 10.27 | 10.27 | Justine Anthony | 10.28 | 20.55 | Alice Burgin | 10.52 | 31.47 |
| Raising the Bar Rushers | 164 | 4 | Alice Burgin | 10.3 | 10.3 | Elle Roche | 10.4 | 21.1 | Molly Riglin | 10.42 | 31.52 |
| Metchley Marauders B'ham | 184 | 5 | Molly Browne | 11.42 | 11.42 | Rebecca Turton | 11.11 | 22.53 | Becky Straw | 9.56 | 32.49 |
| Edinburgh University Hare & Hounds Running Club B | 191 | 6 | Heather Langham | 11.01 | 11.01 | Charlotte Watson | 11.02 | 22.03 | Katie Reynolds | 10.47 | 32.5 |
| The Track Tearaways B'Ham | 182 | 7 | Kate Moulds | 10.08 | 10.08 | Jessica McDermott | 11.23 | 21.31 | Georgina Leek | 11.23 | 32.54 |
| University Of Manchester A | 178 | 8 | Katrina Conroy | 11.43 | 11.43 | Beth Ansell | 10.5 | 22.33 | Hannah Brown | 10.25 | 32.58 |
| Edinburgh University Hare & Hounds Running Club A | 192 | 9 | Alana Ley | 10.59 | 10.59 | Louise Mercer | 11.02 | 22.01 | Mhairi MacIennan | 10.58 | 32.59 |
| Bristol University Cross Country and Athletics A | 187 | 10 | Nikki Wilkinson | 10.34 | 10.34 | Ellen Harrison | 11.2 | 21.54 | Caitlin Lloyd | 11.07 | 33.01 |
| RaddleBone Rockets B'Ham | 165 | 11 | Victoria Walker | 10.31 | 10.31 | Sarah Frost | 11.53 | 22.24 | Melissa Hawtin | 10.45 | 33.09 |
| Leeds Met Uni Girls A | 141 | 12 | Bethan Hubbard | 11.03 | 11.03 | Emma Erskine | 11.06 | 22.09 | Gabby Moriarty | 11.24 | 33.33 |
| Oxford Brookes Running and Athletic Club A | 203 | 13 | Ciara Dullaghan | 10.49 | 10.49 | Zoe Levin | 11.27 | 22.16 | Rachael Phelps | 11.38 | 33.54 |
| Vale Victors B'Ham | 180 | 14 | Naomi Collier | 11.25 | 11.25 | Naomi Farshaw | 11.48 | 23.13 | Fiona Bell | 10.51 | 34.04 |
| University of Liverpool A | 207 | 15 | Becca Donohue | 11.27 | 11.27 | Kath Walker | 12.01 | 23.28 | Charlotte Mason | 10.47 | 34.15 |
| Bury Athletic Club | 200 | 16 | Katie Geelan | 11.12 | 11.12 | Amanda Pyrah | 12.3 | 23.42 | Nicola Ryan | 11.45 | 35.27 |
| Sale Harriers Manchester A | 189 | 17 | Cara O'Brian | 11.29 | 11.29 | Julie Price | 11.26 | 22.55 | Cara O'Brian | 12.53 | 35.48 |
| University of Liverpool B | 208 | 18 | Laura Rendall-Smith | 12.22 | 12.22 | Sophie Dickson | 11.58 | 24.2 | Bethan Gaye | 11.29 | 35.49 |
| Edinburgh University Hare & Hounds Running Club C | 190 | 19 | Sarah Henderson | 12.33 | 12.33 | Bronagh Wishart | 11.32 | 24.05 | Amy Ritchie | 11.52 | 35.57 |
| University Of Nottingham | 213 | 20 | Maddie Garner | 11.07 | 11.07 | Emilie Coutin | 13.37 | 24.44 | Kathy Stringer | 11.3 | 36.14 |
| Oxford Brookes Running and Athletic Club B | 204 | 21 | Elisabeth Basford | 11.21 | 11.21 | Jessica Saunders | 12.36 | 23.57 | Caitlin Clifford | 12.24 | 36.21 |
| Durham University Athletics and XC Club A | 186 | 22 | Rachael Dunn | 10.51 | 10.51 | Hannah Morris | 12.15 | 23.06 | Hannah Nagel | 13.31 | 36.37 |
| Sports Night Starlets B'ham | 183 | 23 | Katie Franklin | 11.28 | 11.28 | Sarah Ward | 13.42 | 25.1 | Lucy Tyler | 11.46 | 36.56 |
| Edinburgh University Hare & Hounds Running Club E | 170 | 24 | Anna Halzberger | 11.59 | 11.59 | Hanna Riley | 12.28 | 24.27 | Natacha Lazareff | 12.32 | 36.59 |
| Salford Harriers A | 175 | 25 | Laura Nash | 10.16 | 10.16 | Tania Hernandez | 9.56 | 20.12 | Hayley Winder | 16.5 | 37.02 |
| Edinburgh University Hare & Hounds Running Club D | 169 | 26 | Annalies Wentzel | 12.09 | 12.09 | Sarah King | 11.42 | 23.51 | Charlotte Williams | 13.28 | 37.19 |
| University of Leeds Athletic & XC Club A | 196 | 27 | Harriet Buswell | 12.13 | 12.13 | Catherine Garbutt | 12.3 | 24.43 | Amicia Lee | 13.04 | 37.47 |
| University Of Manchester B | 177 | 28 | Lydia Earnshaw | 13.16 | 13.16 | Jenny Parker | 11.21 | 24.37 | Rachael Homans | 13.22 | 37.59 |
| Durham University Athletics and XC Club B | 201 | 29 | Sophie Davie | 13.04 | 13.04 | Freya Semken | 13.42 | 26.46 | Rachael Dunn | 11.23 | 38.09 |
| University of Leeds Athletic & XC Club B | 195 | 30 | Joanna Rycroft | 12.07 | 12.07 | Rebecca Pritchard | 13.02 | 25.09 | Sarah Marsden | 13.06 | 38.15 |
| University Of Manchester C | 176 | 31 | Laura Brown | 12.42 | 12.42 | Katie Booth | 12.52 | 25.34 | Chessie Messenger Jones | 13.01 | 38.35 |
| University of Liverpool C | 199 | 32 | Frankie Vidler | 12.2 | 12.2 | Frances Macauley | 13.06 | 25.26 | Ellie Sagrott | 13.39 | 39.05 |
| University Of Manchester F | 212 | 33 | Katherine Roache | 12.2 | 12.2 | Alex Lanson | 14.49 | 27.09 | Cecelia Cole | 13.22 | 40.31 |
| Edinburgh University Hare & Hounds Running Club F | 171 | 34 | Jenny Nicolas | 12.09 | 12.09 | Amy Spencer | 14.33 | 26.42 | Flora Hawking | 13.55 | 40.37 |
| Oxford Brookes Running and Athletic Club C | 205 | 35 | Pippa Broomfield | 12.21 | 12.21 | Rachel Weadger | 13.26 | 25.47 | Heather Clothier | 15 | 40.47 |
| University Of Manchester E | 211 | 36 | Lily Woolcock | 13.34 | 13.34 | Hannah Wilson | 14.06 | 27.4 | Rebecca Langdell | 14.02 | 41.42 |
| Manchester Harriers and A.C. A | 219 | 37 | Sarah Harrison | 13.36 | 13.36 | Caroline Baba | 14.18 | 27.54 | Wendy Woodhead | 13.51 | 41.45 |
| Bury & Radcliffe Dolls | 204 | 38 | Donna Cartwright | 14.13 | 14.13 | Alana Grundy | 13.35 | 27.48 | Lucy Hodson | 14.14 | 42.02 |
| University Of Manchester D | 210 | 39 | Grace Pike | 13.23 | 13.23 | Emma Redman | 13.01 | 26.24 | Charlotte Ward | 15.48 | 42.12 |
| Manchester YMCA Harriers A | 185 | 40 | Hannah Brierley | 12.47 | 12.47 | Kelly Ormisher | 12.59 | 25.46 | Russelle Meade | 16.51 | 42.37 |
| UCLAN Athletics & Cross Country Club | 193 | 41 | Rosie Pollard | 13.47 | 13.47 | Sara Robertson | 16.39 | 30.26 | Rebecca Neil | 12.36 | 43.02 |
| University of Liverpool D | 197 | 42 | Jenny Leigh | 13.55 | 13.55 | Rosie Beadle | 13.41 | 27.36 | Molly Kavanagh | 16.15 | 43.51 |
| Edinburgh University Hare & Hounds Running Club G | 172 | 43 | Kathryn Firth | 14.02 | 14.02 | Lucy Nash | 15.07 | 29.09 | Jennifer Hamilton | 14.43 | 43.52 |
| Manchester Harriers and A.C.B | 107 | 44 | Maria Royal | 15.02 | 15.02 | Lyndsey Charles | 16.05 | 31.07 | Jodie Norton | 15.27 | 46.34 |
| University of Liverpool E | 198 | 45 | Jess Rees | 15.28 | 15.28 | Mary Fitzpatrick-Greening | 15.54 | 31.22 | Ellie Johnston | 15.28 | 46.5 |
| Manchester Harriers and A.C. C | 166 | 46 | Andrea Williams | 15.15 | 15.15 | Jo Fallows | 16.21 | 31.36 | Diane Frost | 16.29 | 48.05 |
| Manchester Harriers and A.C. D | 209 | 47 | Dawn Gallen | 21.37 | 21.37 | Debbie Beresford | 13.13 | 34.5 | | | |
| Edinburgh University Hare & Hounds Running Club H | 173 | 48 | Amy Bristow | 13.56 | 13.56 | | | | | | |
| University of Huddersfield Track & Field | 202 | 49 | Kirsty Leih | 15.16 | 15.16 | Lizzie Sutherland | 12.15 | 27.31 | | | |

